



PACELINE

**Alta Alpina
Cycling Club**

**Volume 17 Issue 7
September 2019**

Tim Rowe Memorial Sweetwater Pass Ride: Full and Half Distance Options Sunday, October 6, 2019

David Scarborough, Fall Century Coordinator

We're closing out the 2019 ride season with our annual fall ride held in memory of Tim Rowe.

For the full distance we will start at 9:15am from CG Bar and Pizza in Wellington, NV and ride to Bridgeport, CA back and forth over Sweetwater Pass. For the half distance start at noon and ride to the top of Sweetwater Pass, meet the group returning from Bridgeport, and ride back to the start.

There will be a club rest stop on top of Sweetwater Pass. Participants will be on their own for support in Bridgeport. Food is available there so bring money for that, if needed. Upon returning to Wellington, the club will buy all participants pizza so don't eat too much before hand! (You buy your own beverages.)

Parking at the start is limited, so for the full distance we'll meet at Lampe Park in Gardnerville at 8:15am to carpool. We'll roll out of Wellington at 9:00am so get there before 9:15am and be ready to roll. The whole ride is 88 miles, the half ride is about 41 miles.

We start on Wellington Cutoff (NV SR 829) out of Wellington. The route to Bridgeport involves a very gentle and scenic climb to Sweetwater pass on NV state route 338. The rest stop will be located roughly half of the way to Bridgeport close to the highest point of the ride. We'll have water and snacks there.

This is followed by a descent to the East Walker River. We cross into California and follow the river, ride around Bridgeport Reservoir, and reach Bridgeport.

This is a great time of year to ride as the weather isn't too brutal and the roads are less busy with traffic. It's also a great time to catch up with what's been going on with fellow club members and doing it at a leisurely pace. Pizza will be served when the group returns—around 4:00pm.

Please RSVP by October 1, if possible, so we can get a rough idea of how much pizza to order.

RSVP to: davescar30@gmail.com or 530-318-7878.

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King-of-the-King Kingsbury Time Trial Saturday, September 28

This is the third and final chance to get an official time for the Kingsbury climb in the 2019 riding season. Allan Biaggi is hosting this race. It's not part of the Thursday race series so the format may be a little different. Registration opens at 8:30am and the first rider goes off at 9:00am. There will be snacks at the finish and results will be announced so plan on hanging out for a little while at the finish.

Race Timing Chips

We need to get back all the race timing chips so we can refurbish them for next year.

If you haven't yet returned your chip and you aren't bringing it to the Kingsbury Time Trial, please mail it back to the club at:

**Alta Alpina Cycling Club
PO Box 2032, Minden NV 89423**

Include a self-addressed stamped envelope (SASE) so we can return your deposit.



AACC Weekend Rides—October

Rick Miyashiro, Weekend Ride Coordinator

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.

Sunday, September 29, 2019 — Genoa to Woodfords

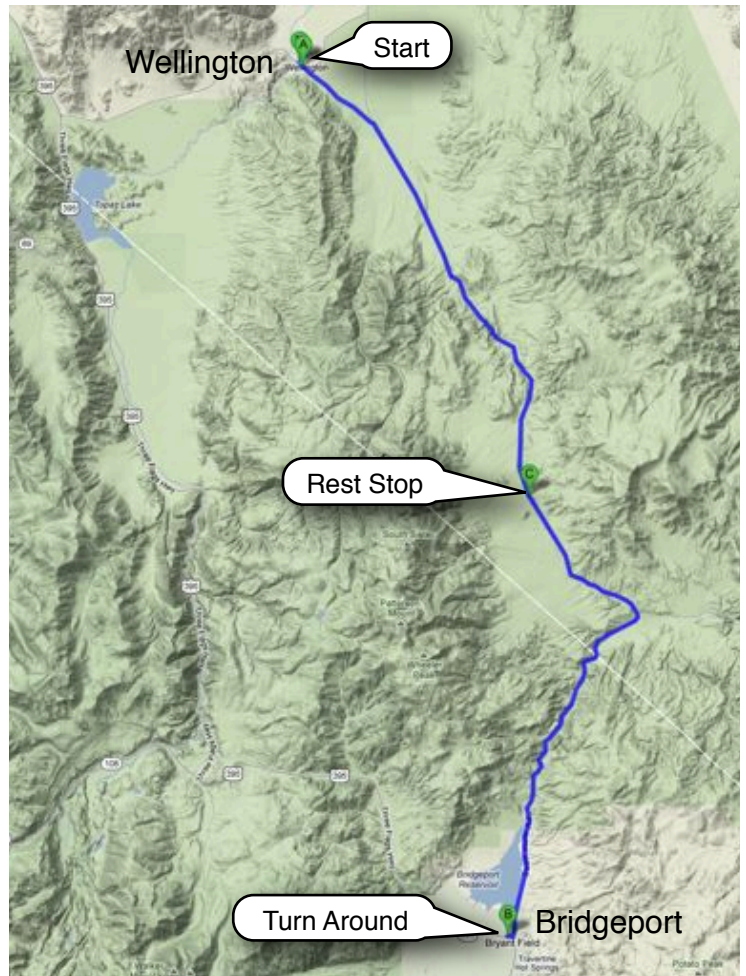
Meet and be ready to ride at 10:00am from Genoa Town Park on Nixon St. This is a recovery ride after Saturday's Kingsbury Time Trial. We'll ride out to Diamond Valley via Foothill/Fredericksburg with a climb up Emmigrant Trail. We'll ride the Diamond Valley loop and return. There will be snacks and drinks back in Genoa afterwards.

Sunday, October 6, 2019 — Tim Rowe Memorial

The annual Tim Rowe Memorial Sweetwater Fall Ride marks the end of our weekend ride program for the season. We depart from the parking lot of CG Bar's in Wellington at 9:15am. To carpool to the start meet before 8:15 am in Lampe Park in Gardnerville. We ride from Wellington to Bridgeport over Sweetwater Pass and back. There will be a rest stop with snacks and drinks at the top of Sweetwater Pass in both directions but we recommend bring money for food in Bridgeport. At the end of the ride we'll celebrate the end of the season with pizza for everyone. The full distance is about 84 miles.

Saturday, October 12, 2019 — Highway Cleanup

Meet at Turtle Rock Park at 9:00am for the club's final Adopt-A-Highway clean up of Highway 89 for 2019. Refreshments/snacks to be provided pre and post clean up. We'll ride Ebbetts or Monitor after the clean-up. Choice of route will be left to the participants in the highway cleanup.





Presidential Posting

Nigel Leigh, President

Boy, have I got some exciting news for you!

But first you'll have to put up with some blathering about the big Rose to Toads mtn bike ride that a few of us did early this month. That was myself, Jim Wire, and a couple of not-yet-in-Alta-Alpina-friends. Astonishingly, not only did all 4 of us survive long enough to complete the 60+ miles of grueling single track, but one was even the first finisher. For me, two techniques really helped (and are equally applicable to road rides):

- Keep your stops short. Really short. Refuel, re-water, go. Save the relaxed chatter at the loaded food table for after the ride. My 8 1/2 hrs elapsed time included only 1/2 hr of stops.
- Wet t-shirts are great. Not just to look at, but to wear. On the hot afternoon climbs, of which there were many, a biking shirt stripped off, thrown in a cold mountain stream, wrung-out and re-donned, was my savior. No need to sweat, lose electrolytes and cramp up, when you're wearing a personal swamp cooler.

Just before we get onto the exciting news, I had a realization recently: that having to write a posting every month is not only a burden. Its also an opportunity to have a rant. To gripe about whatever gets up the presidential nose. The mind remained blank for some time, but then three revelations emerged from the fog:

- Recycle. California is pretty good at this but Nevada is atrocious (Douglas County anyway). As cyclists, enjoyers of nature and the great outdoors, lets make sure we set the very best example here.
- Cycle lane? Use it! When driving a car on one of the few roads around here with cycle lanes, its annoying to find some cyclists are still riding in the vehicle lane. Not good for driver-cyclist relations.
- Stop off the road. Similarly, when stopping during a

club ride, or before and after club races, we seem to have a habit of sprawling onto the road. Not only is this slightly rude, its slightly dangerous.

Right, end of rant!

Now I should remind you that the end-of-year dinner & annual general meeting is not that far away, in November. So its time to decide who you are going to nominate for a slot on the board. Lets work together to have at least two nominations for every position, so the voting is tense and heated. Especially for the position of president, that lame bloke has to go! Other voted positions: Vice Pres, Secretary, Treasurer, Membership, Ride Director.

Now didn't I have something exciting to tell you? What was it again...?

That's it. We have an opportunity to get back involved in the Death Ride again! In case there's anyone who doesn't know the history, here's an abridged version: Death Ride started in 1981, within a few years the Alta Alpina club was formed around supporting and promoting the event. That worked, it got bigger, too big for a club of volunteers to run. A partnership was formed with Alpine County Chamber of Commerce. Then in 2007 the Chamber somehow shoved the club aside and has run the event ever since.

Over the years the board at the Chamber has gradually changed. It is now an enlightened group who can see that the standard of the event has slipped, its no longer by cyclists for cyclists, and that the cyclists are realizing this and staying away.

Its early days yet, but discussions are underway. Clearly if we take on a significant new load here, we'll need to lighten our volunteering & organizing load elsewhere. More to follow as this unfolds...

Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.



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alpensierroastcoffee.com





Carson Valley Adventure Ride Series Preview

Michael Bayer, Mixed Terrain Project Manager

A diverse group of volunteers rode three of the five Carson Valley Adventure Ride Series courses on the weekend of September 20, 21, and 22.



Board Meeting Minutes—September , 2019

Secretary: Michael Bayer; Other Board Members: Frank Dixon (Treasurer); Lori Kroboth (Deputy Treasurer); Nigel Leigh (President); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Dave Scarborough (Spring & Fall Century); Gregg Westerbeck (Membership Growth); Other Attendees: Jennifer Hamiter (Past President), Andrew Bray (NICA Team Coach)

Meeting called to order at 6:14 pm

Minutes of the August meeting approved as printed [Nigel/Tod/Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$13275.85. The PayPal account balance is \$4549.85. NICA Team \$264.95 balance. Cash box balance is \$425 plus the contents of the race cash box. We will transfer \$4000 from Paypal to Checking. Frank is working on developing a year-over-year report and a budget to present to members at the annual general meeting.
- **Membership:** Andy's Ride (for Suicide Prevention) is on Sat Sep 14 and we're

encouraging members to participate. We will also have a booth at Edible Peddle on Sun Sep 15 that will be staffed by Tod. Gregg has a few people lined up to take advantage of the early-new membership deal.

- **Weekend Rides:** Weekend rides for the rest of the season are planned out. Six people came out for Rick's mixed terrain ride. We had nine riders for the Lake Davis camping weekend.
- **Social Media:** Kimberly has been keeping up with posts. No news.
- **Newsletter:** Michael requests content (presidential posting, etc. for September 13 The next newsletter should go out as soon as this is incorporated. The Tim Rowe memorial ride and KoK will be on the front cover.



- **Website:** Jim has been regularly updating the home page and linking newsletters. The next updates will be for the Fall Century and the Annual General Meeting and Fall Party. Jim is updating the templates for all the pages as time allows.
 - **Insurance:** No activity.
 - **Clothing:** Coach Drew reports Hyperthreads is still working on trying to fulfill the last order. Next year orders should start earlier so that new clothes are available at the start of the season. In the meantime, the NICA team is sharing clothing from the first order. Lori K. got great feedback from other teams on the new NICA team uniforms.
 - **Weekly Road Races:** The Time-is-Right Time Trial which was sponsored by Robert Braun was successful with Tod Conover coming in first place. We'll try to work the calendar a little better for next year. Sept 5 will be the last race of the regular season with Pizza to follow at Jethros. Michael requested help collecting chips. Gregg will go to Jethros as soon as he finishes racing and Frank will skip the race but go straight to Jethros with the other cash boxes so we have enough cash to return deposits.
 - **Junior Team:** The first race of the NICA season took place on Aug 25th at North Tahoe High School. The the top 6 teams are all very close as ranked by points with the AACC Team ranked 5th out of 14 within 50 points of first place. Energy and enthusiasm in the team is really high. Next race is in Reno: Rattlesnake roundup. Third race is Mammoth at end of September. Championship at Tahoe Donner third week of October. nevadamtb.org for schedule and opportunities to volunteer. Practices have moved to 5pm for more daylight.
 - **Fall Century:** Arrangements are all set. Michael and Dave will meet before the ride for supplies. RSVPs by Friday night before the ride.
 - **Adopt A Highway:** Nigel will contact Thomas regarding the 3rd cleanup.
 - **Pinenut Cracker:** Brian has requested permit.
 - **King of Kingsbury Time Trial:** Board decided that race fees should be \$10 for members/\$5 Juniors/\$15 non-members. No free racing and board members don't race free.
 - **Mixed Terrain:** Preview rides set for September 20/21/22. Michael is recruiting club members to ride three of the courses in order to collect timing data on the routes and to generate photos for the website and marketing. Work over the last month has focussed on building the website and developing materials to present to journalists/influencers as well as sponsors and partners.
 - **Challenge:** Michael is still working on loose ends on the Challenge including tracking down lost items. We're looking for a missing yellow reflective vest. We're waiting on invoices from the forest service for final permit fees in order to close the books. Michael is also working through ideas that came out of the post mortem meeting in order to improve for next year.
 - **Bike Advocacy:** Carlo reported that the 2019 Nevada Bike and Pedestrian conference will take place on November 5/6/7 at the Mont Bleu. It's scope has been expanded to "Trails and Transportation". Carlo also reported that the class 1 trail on Foothill remains the agreed priority among valley transportation priorities. Carlo will post details of the next meeting where club support will be needed. In other Carson Valley transportation news, negotiations are underway to build a bicycle path in conjunction with the new Minden-Gardnerville bypass.
2. **Annual General Meeting:** The board discussed alternatives to the CVIC hall. Frank will explore the possibility of renting a venue in South Lake. Michael will check availability of CVIC as a fallback. Proposed dates are November 7 or November 14.
 3. **Appointment of Andrew Bray:** Andrew Bray was appointed as club official as the Primary Coach for the Alta Alpina NICA Composite Team Coach.
 4. **Billboard on Foothill:** Nigel proposed having Alta Alpina signage on Foothill given how many cyclists ride Foothill. Carlo will see if such a sign would comply with local regulations.
 5. **Death Ride:** Gregg reported that Teresa Burkhauser is no longer the executive director of the Alpine County Chamber of Commerce. This opens the door to the club working with the Chamber of Commerce again. The club board will move quickly to meet with the chamber board to reset the relationship.
 6. **Next Meeting:** Monday, October 7, 2019, 6 pm, Jethros in Gardnerville.
Meeting adjourned at 8:38 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AлтаAlpina.org

MARK YOUR CALENDARS

King-of-the-King TTSat, Sep 28
 Tim Rowe MemorialSun, Oct 6
 Fall Century
 Highway CleanupSat, Oct 12
 Annual General MeetingTBD, November

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AлтаAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltaAlpina.org	775-292-9201
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Lori Kroboth	Deputy Treasurer		
Gregg Westerbeck	Membership Growth Coordinator	growth@altaalpina.org	650-276-6951
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
Thomas Walker	Road Cleanup Coordinator	trun@aol.com	210-392-2175
Kimberly Bodenstein	Social Media Coordinator	Kaltaalpina@gmail.com	
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
David Scarborough	Spring & Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Coach		
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
TBD	Volunteer Coordinator		
TBD	Marketing Coordinator		

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **October 7** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
Michael Bayer