



PACELINE

**Alta Alpina
Cycling Club**

**Volume 16 Issue 8
September 2018**

AACC Weekend Ride Schedule—Sept/Oct

Rick Miyashiro, Weekend Ride Coordinator

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.

Saturday, September 15, 2018 — Leon's Birthday- Blue Lakes Ride

Join Leon for his annual birthday ride. For the long version meet Leon at his home in South Lake Tahoe at 9:15am, for the shorter ride meet at 11:00am

at the first parking lot (on the left) at the start of Blue Lakes Road. Leon and his wife will provide lunch and cake so they need to know if you are attending. Please RSVP to leon.melmed@gmail.com or 530-541-4909.

Saturday, September 15, 2018 — Gold Lake Loop

We'll start from [Lake Davis Grasshopper Flat Campground](#) (about 6 miles up Beckwourth-Taylorville Rd from CA70 near Portola) at 9:30am and ride to Graeagle arriving there between 10:30 and 11:00. For a shorter ride meet the group in the big grass area in middle of town. From there we'll ride the Gold Lake Loop—the loop formed by CA89, CA49, and Gold Lake Highway. The short ride is 46 miles with 4350' of climbing, full ride is 83 miles and 6700'.

Sunday, September 16, 2018 — Lake Davis Weekend Mountain Bike Ride

For the second day of our Lake Davis Camping weekend, we'll do a mountain bike/gravel bike loop starting from the [Lake Davis Grasshopper Flat Campground](#) at 9:30am. Weather permitting there will be swimming in the lake after the ride. Watch the club website for more details. Contact Dave Scarborough (davescar30@gmail.com or call (530)318-7878) if you're interested in coming.

Saturday, September 22, 2018 — Sonora Pass to Kennedy Meadows

Rescheduled ride on the heels of Interbike and Donelle lake fire clean-up. This year we'll start from a new location: meet at the pull-out on CA 108 that is 0.85 mile west of US 395 at 9:30am. This is a steep and challenging route with over 8,900 feet of climbing topping out in both directions at Sonora Pass at elevation 9,650 feet. Bring your lowest gearing for the 20% plus sections and extended grades over 12% on one of the most scenic climbs in the Sierra. We will meet (to carpool) from the Starbucks at Waterloo and US 395 in Gardnerville at 7:40am. We will arrange to get the car to Kennedy Meadows for Sag support water and food. This means a few riders can shuttle back to the pass and climb just the East side and descend both sides. The ride is an all day event but some of the best early fall scenery in the Sierra is worth it. Snacks and drinks provided by the club. Post ride meal at Walker Burger is likely!

Sunday, October 7, 2018 — Tim Rowe Memorial Ride

The annual Tim Rowe Memorial Sweetwater Fall Ride marks the end of our weekend ride program for the season. We depart from the parking lot of CG Bar's in Wellington at 9:15am. To carpool to the start meet before 8:30 am in Lampe Park in Gardnerville. We ride from Wellington to Bridgeport over Sweetwater Pass and back. There will be a rest stop with snacks and drinks at the top of Sweetwater Pass in both directions but we recommend bring money for food in Bridgeport. At the end of the ride we'll celebrate the end of the season with pizza for everyone. The full distance is about 84 miles.

Saturday, October 13, 2018 — Highway Cleanup

Meet at Turtle Rock Park at 8:00am for the club's Adopt-A-Highway clean up of Highway 89. Refreshments/snacks to be provided pre and post clean up. We'll ride Ebbetts or Monitor after the clean-up.

Inside this issue:

<i>Camping Weekend</i>	2
<i>President Search</i>	3
<i>Bodie-or-Bust</i>	4
<i>Junior MTB Racing</i>	6
<i>Board Meeting Minutes</i>	7



2018 Camping Weekend at Lake Davis, September 15 & 16

Dave Scarborough has once again organized a camping weekend at Lake Davis. We'll camp at the Grasshopper Flat campground this year. This campground is on the shore of Lake Davis (about 6 miles up Beckwourth-Taylorsville Rd from CA70 north of Portola). There are showers in the campground but there will be swimming in the lake if it's warm enough.

Saturday we'll ride the Gold Lake Loop leaving the campground at 9:30am. This is an 83 mile road ride featuring 6700 feet of climbing. We'll meet up with anyone looking for a shorter ride in Graeagle between 10:30 and 11:00am.

Sunday will do a dirt ride once again leaving the campground at 9:30am.

Contact Dave Scarborough (call (530)318-7878 or email davescar30@gmail.com) if you're interested in coming and would like more details.



RFID Racing Chips

Thanks to everyone who participated in the 2018 Thursday Night Race Season.

We need to get back all the race timing chips so we can refurbish them.

If you haven't yet returned your chip, please mail it back to the club at:

Alta Alpina Cycling Club

PO Box 2032, Minden NV 89423

Include a self-addressed stamped envelope (SASE) so we can return your deposit.

Bike Your Park Day

Adventure Cycling Association
September 29, 2018

"Join thousands of others around the world on September 29, 2018 to explore your parks and public lands by bicycle. Ride any distance on roads or trails and make a day of it: stop to enjoy a picnic, pause by a river to cool your toes, or take a break at a visitors center to learn something new... Everyone who registers will receive a Bike Your Park Day sticker in the mail, and will be entered to win a Co-Motion Cycles Divid bike or two Amtrak tickets to Glacier National Park."

Register for Free by September 23: BikeYourParkDay.org

#BikeYourPark



Call for Officer Nominations

After 5 years, 2018 is Chris' last year as president. So we're now actively seeking a nominee for club **President**. Do you know someone who would make a great president?

The job of President requires attendance at the monthly board meetings, keeping the membership informed with emails and monthly newsletter articles, selection of board meeting locations, recruiting and coordinating board members, and keeping members engaged. Download a complete job description from our website at:

<http://www.altalpina.org/membership/JobDescriptions2015.pdf>

While the election of club officers takes place at the annual general meeting in November, the nominee(s) will likely wish to become involved in club decision making right away.

We are also in need of a **Deputy Treasurer**, **Marketing Coordinator**, and **Volunteer Coordinator**.

If there's someone you think would be a great AACC president, or a great fit for any other board position, please submit their name to president@altalpina.org

Every AACC member is encouraged to post their rides to the club Ride Board:

www.altalpina.org/rideboard/

Interbike 2018 in Reno-Tahoe

North America's largest bicycle industry event is coming to Alta Alpina territory! While the trade show portion of the event is not open to the public, here are the activities you can take advantage of:

Northstar Free-Ride Festival, Friday 9/14, Saturday 9/15, and Sunday 9/16

The Northstar Free-Ride Festival is the portion of Interbike that is open to the general public. The festival is centered at the Village at Northstar. On Saturday and Sunday from 9am to 5pm there's a vendor expo with almost 100 booths and the opportunity to demo new bikes. There will also be bike skills clinics, an enduro race, an e-bike race, a downhill race, and two road bike events. For more information visit:

www.interbike.com/events/northstar-free-ride-festival/

Adventure Cycling Regional Gathering, Monday 9/17 7:00-9:00

Adventure Cycling Director Jim Sayer will be delivering a presentation on bicycle travel. This event will take place at the Patagonia Outlet at 130 South Center St., Reno NV 89501. Please RSVP to info@adventurecycling.org by September 14.

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AaltaAlpina.org



BlueZone @Sports



ALPEN SIERRA
MOUNTAIN ROASTED COFFEE
alpensierroastcoffee.com



BIKE HABITAT
SALES SERVICE RENTALS



Bodie-or-Bust, Lee Griffith



The once enjoyable "Bodie or Bust" ride begins on a NF028 between Hwy 382 and the town of Hawthorn. The East Walker River flows through this area providing year around fishing and wild life habitat.



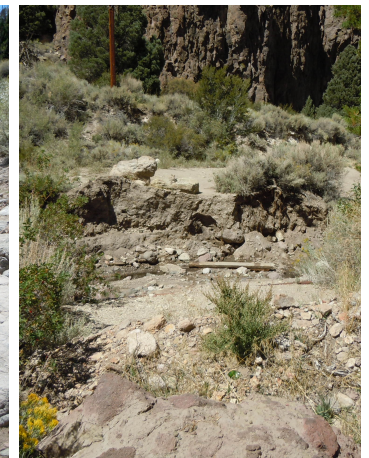
A stage coach stop, from the early Esmerelda mining days is still standing at about the 13 mile mark along NF028. The building suffered structural damage in 2017, but it appears that there are some efforts to protect it now.



A couple miles past the stage coach stop we turned south toward Aurora and soon entered Del Monte Canyon, which follows Bodie Creek. The road through this canyon is well over 100 years old and until this year had been a little rough but enjoyable.



Flooding had obviously turned part of the road into a dry stream bed....surely that wouldn't go on for long.... We thought about retreat, but it just isn't in our nature....





A bridge that had been made out of sections of railroad track had been completely washed away.



Power lines through Del Monte canyon provide some small hope that the road might be rebuilt.



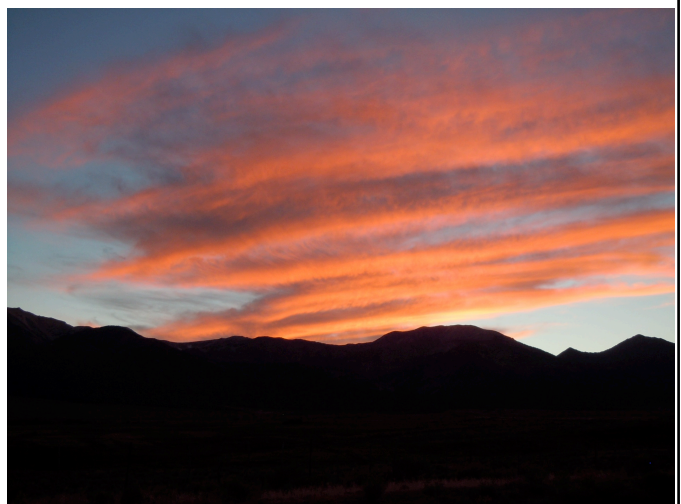
Even giant culverts had been washed out. We couldn't agree on how many miles of this stream bed we walked, but I'd guess 6 miles. It was enough to make the intermittent deep sand of the next 8 miles into Bodie look really good.



Not all was lost...the temperature was good and the skies were beautiful.



We returned from Bodie via paved roads rather than risk getting caught on more washed out roads. A head wind that had plagued us for a couple hours shifted and made our last 15 miles of this 69 mile ride swift and enjoyable as we watched the shadows getting longer.





Junior Mountain Bike Team

Kimberly Bodenstein, Alta Alpina Composite Coach

Photos by Carlo Luri, Alta Alpina Composite Team Director

On the chilly Sunday morning of September 9th, The Alta Alpina Composite-Nevada Interscholastic Cycling Team were at the start of the second NICL race of the 2018 season. The Rattlesnake Roundup, as the race was suitably re-named when the slithering reptiles made their appearance a few years back, brought almost 200 riders to participate in the event, with easily hundreds more speckling the desert to assist riders, cheer, and volunteer.

Excitement was profound as the riders entered the staging area and prepared to compete. The chilly morning starts gave way to red faces and dripping wet bodies as one by one the riders pedal through the piercing heat of the open air course on the dry, hot desert.

Alta Alpina Continues to Hold its Own

The team is 5th of 14 overall. Individual standings are:

- Varsity Boys: Justin Kinser - 4th
- Sophomore Boys: Jack Bray - 2nd
- Middle School Boys: Joshua Bodenstein - 1st
- Advanced Middle School Boys: Matteus Sokulsky - 1st
- Advanced Middle School Boys: Lachlan Bray - 4th
- JV Girls: Audry Keasling - 2nd
- Middle School Girls: Sawyer Villanueva - 1st

The team is now looking forward to the High Sierra Showdown, Mammoth (Sunday 9/30) and the Sierra Championships, Truckee-Donner (Sunday 10/14).



Going into the third race of the Nevada Interscholastic Cycling League four race series, middle school athletes Joshua Bodenstein, Sawyer Villanueva, and Matteus Sokulsky will be defending their Leader jerseys for the Alta Alpina squad.



Board Meeting Minutes—September 10, 2018

Acting Secretary: Michael Bayer; Other Board Members: Tod Conover (Membership); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Dave Scarborough (Fall Century)

Lakeside Casino in Stateline

Meeting called to order at 6:06 pm

Minutes of the 8/6 meeting approved as presented.
[Tod/Tammy/Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$2,914.67. The Paypal balance is \$18,772.48. We will transfer additional funds from Paypal to the checking account to cover outstanding liabilities.
- **Membership:** There are 181 active members and we continue to receive 2018 membership applications, renewals, and upgrades.
- **Weekend Rides:** Weekend rides lead by gang-of-4 are going well but we'd like to see more members leading rides.
- **Social Media:** No report. Carlo indicated he might be able to help out in this area.
- **Newsletter:** It was decided that this month's newsletter should be produced on Wednesday and scaled back if necessary to get it out right away. October's newsletter will have more.
- **Website:** No report.
- **Weekly Road Races:** The season is over and it was a great success. We had a good turnout of new members and a great ROP turnout. We saw lots of racers from Reno but not as many as we had hoped. While the season has wrapped, work on racing has not. 72 people still haven't returned their race chips. We need to get all the chips back so we can refurbish all the chips for next year. This involves delaminating each chip, 3D printing new chip holders, selecting new number labels that are UV-resistant, reassembling the chips, and acquiring better zip ties. We also need to upgrade software and figure out why the race system doesn't work well near Starbucks.
- **Junior Team:** The Alta Alpina Composite NICA team has 10 coaches and 26 kids (22 from South Lake Tahoe and 4 from Carson Valley). The season is more than half over and 3 members of the team are wearing leader jerseys for their categories. The next race is at Mammoth with the

Finals at Donner. Carlo needs to be reimbursed for team expenses.

- **Fall Century:** Dave reports that CG is confirmed for the post-ride pizza.
 - **King of Kingsbury Time Trial:** We'll try to do this next year.
 - **Cyclocross Race:** It's too late to organize a CX race for the 2018 season--hopefully we'll be able to bring it back for 2019.
 - **Bike Advocacy:** Carlo reports that the Douglas County gas tax revenue is being used to pave county roads. Jacks valley now has an excellent repaved bike lane (which we used in a recent time trial) and Waterloo lane is being repaved with a wider shoulder for bicycles. Unfortunately, other planned paving projects have no bike plans so we need to campaign the county to push for them.
 - **Adopt A Highway:** The next Highway Cleanup and Ride, the last in 2018, is scheduled for October 13.
 - **Clothing:** Club and challenge jerseys are still selling well through our Voler store.
 - **Challenge:** Work continues on winding up the 2018 Alta Alpina Challenge. USFS fees were much higher than they have been in past years despite the lower than usual participation. Fortunately we're still in the black and we have replenished our cash reserves.
2. **Officers for 2019:** Chris Rhiner will not be running for president for 2019 and we need to recruit an individual who will run for the position before the Annual General Meeting. Frank would also like to recruit a Deputy Treasurer.
 3. **Interbike Reno 2018:** We'll have a number of volunteers helping to staff the CVVA booth at Interbike. There was a discussion about handouts. We'll use maps to show the challenge route and other AACC rides, AACC business cards, and Challenge Cards with labels with the 2019 date.
 4. **Next Meeting:** Monday, October 1, 2018, 6 pm, Jethros in Gardnerville.
- Meeting adjourned at 8:00 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Camping Weekend September 15 & 16
 Last Day of Summer ..Saturday, Sep 22
 Tim Rowe Memorial Ride Sunday, Oct 7
 End of Daylight Savings Sunday, Nov 4
 Annual General Meeting ...Tuesday, Nov 27

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
TBD	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
TBD	Road Cleanup Coordinator		877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
Tina Keegan Becky Kemp	Spring Century Coordinators	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **October 1** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer