



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 17 Issue 4  
May 2019**



## **Ray Rickard Memorial Spring Century—May 26**

Dave Scarborough, Century Coordinator

### **Free for club members!**

The main ride starts at 8:00am with our annual photo so please arrive early and be ready to roll at 8:00am. You'll need to sign-in before the ride so we know who is on the course.

There will be three well stocked rest stops:

- at the East side bottom of Monitor ("Topaz") from 9:00-11:30,
- the top of Monitor 11:00-2:00, and
- opposite Woodfords Inn 12:00-3:30.

There will be a BBQ at the finish with burgers, salads, and various treats. There is plenty of lawn at the finish, but if you would prefer a chair, you need to bring one.

Please RSVP to [springcentury@altaalpina.org](mailto:springcentury@altaalpina.org) by Thursday May 23 so we have enough food for everyone. Please indicate which ride option you're planning to do (Main, West Side, or Diamond Valley) and your burger preference (Beef, Turkey, or Veggie). We're looking for volunteers for May 25 and early on May 26 please let us know if you can help out.

This event is a great benefit of Alta Alpina membership. We encourage everyone to invite their friends to join the club and participate in this event.

The start this year is at 1008 Georgia Lane which is at the corner of Centerville and Georgia Lane. Parking is limited so riding to the start and car pooling are encouraged. If you'll be driving, please park on the east (right) side of Georgia Lane or on Centerville Rd. See the route maps on page 2.

### **Inside this issue:**

|                              |          |
|------------------------------|----------|
| <i>Century Maps</i>          | <b>2</b> |
| <i>Presidential Posting</i>  | <b>3</b> |
| <i>The Challenge</i>         | <b>3</b> |
| <i>Weekend Ride Schedule</i> | <b>4</b> |
| <i>Thursday Night Races</i>  | <b>5</b> |
| <i>NICA MTB Clothing</i>     | <b>6</b> |
| <i>Board Meeting Minutes</i> | <b>6</b> |

## **Photo Contest 2019**

We're looking for great photos to help promote what we do.

Photos will be judged in four categories:

- The 8 Challenge Passes
- Thursday Races
- Junior Races
- AACC Logos and Jerseys

We'll pick the best photo in each category and from these we'll pick an overall winner.

Submit your photos by sending them—maximum resolution please—to the email address [photos@altaalpina.org](mailto:photos@altaalpina.org).

By submitting your photo you are granting permission to the club to use your photo.

We'll publish the best pictures received in future newsletters and announce all the winners at the fall party.

Send us your photos today!



# Ray Rickard Memorial Spring Century — May 26

You can choose from 3 ride options: the Main Ride which is a loop of 70 miles which climbs the east side of Monitor, a 68 mile ride that climbs the West side of Monitor, and a casual loop around Diamond Valley.

The Main Ride will start at 8:00am with a group picture and mass start.

The 68 mile West Side ride can be started any time after 9:00am. It's an out-and-back so if you're running late or need to cut your ride short you can turn around at any time.

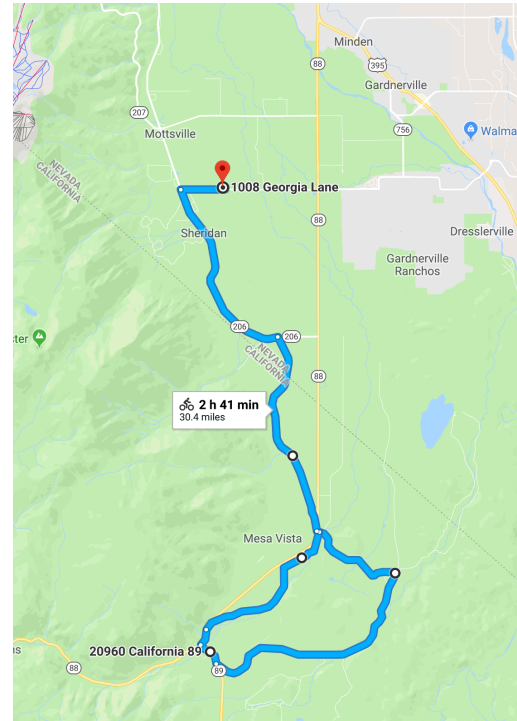
The 30 mile Diamond Valley ride, with ride leader, will be at 11:30am.

Please RSVP to [springcentury@altaalpina.org](mailto:springcentury@altaalpina.org) as soon as possible so we have enough food for everyone. Please indicate your route and choice of beef, turkey, or veggie burger.

We're still looking for volunteers to help with setup on Saturday and Clean-up after the event.

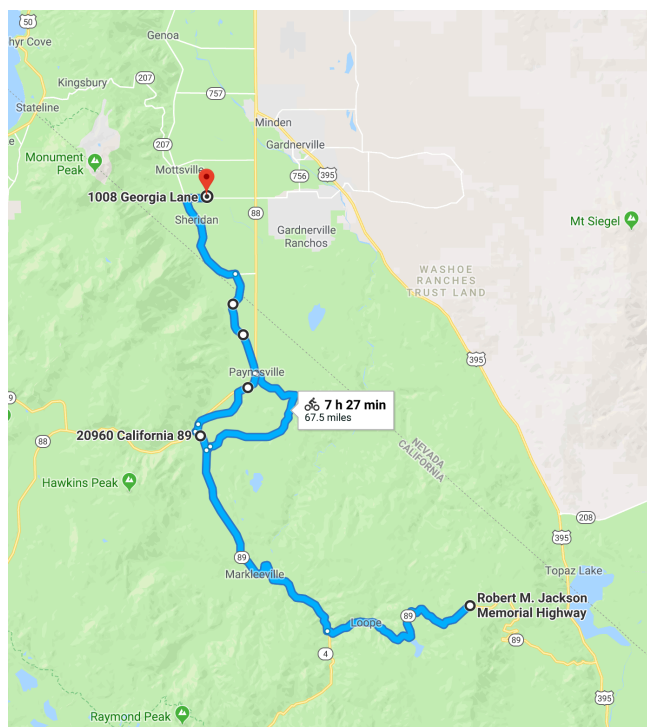
## Diamond Valley Option (11:30am)

[www.altaalpina.org/attachments/RRMSC30.pdf](http://www.altaalpina.org/attachments/RRMSC30.pdf)



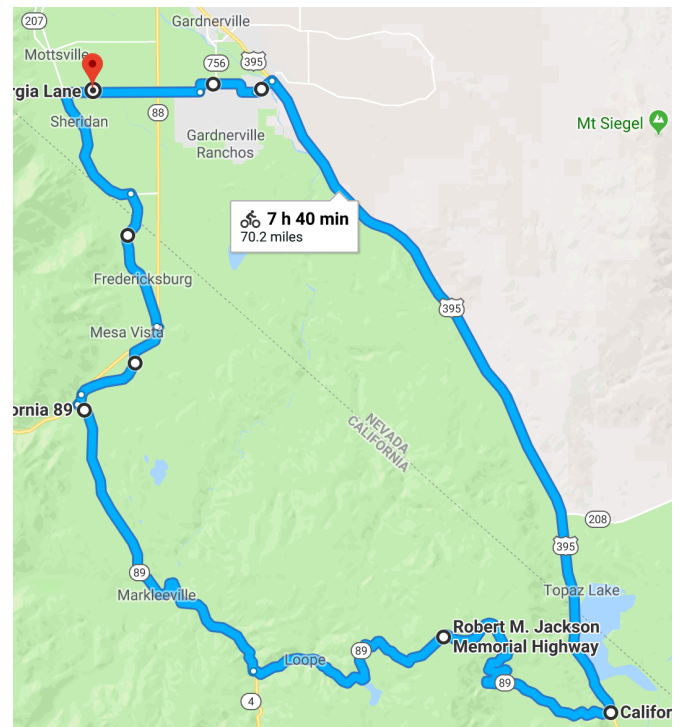
## West Side Option (after 9:00am)

[www.altaalpina.org/attachments/RRMSC68.pdf](http://www.altaalpina.org/attachments/RRMSC68.pdf)



## Main Ride Option (8:00am)

[www.altaalpina.org/attachments/RRMSC70.pdf](http://www.altaalpina.org/attachments/RRMSC70.pdf)





## Presidential Postulations

Nigel Leigh, President

OK, be honest now. After your first few rides this season did you think that your bike seat had hardened up over winter? Yeah, me too...

On a brighter note, things are looking pretty good with the club at the moment. Membership numbers are solid, weekly ride & race numbers are up, Challenge registrations are well up, and our website has a stunning new banner image. Thanks to all of you who have nudged these in the right direction, be it by encouraging friends to join, helping out with events, or simply by being part of our friendly club atmosphere.

As always there's lots going on in this busy little outfit, but a few exciting items particularly stand out:

- Collaboration with coach Drew of the Alta Alpina Junior / NICA team has lead to a flash new set of cycling clothing being developed. Its designed to appeal to youth, with a dark background, while retaining the club colors as highlights, and club name in bold. We think you'll like it. Orders will be open to all club members, and hopefully this Paceline includes instructions on when & how to do that.
- Staying with the club branding theme, we're placing an order for a quality new EZ-Up tent in club colors. Our name is on all four sides, large and bright enough to be read from low earth orbit.
- And of course the club Spring Ride is approaching fast. Its on the Sunday of Memorial weekend, and is being expertly planned by Dave Scarborough. Monitor Pass, here we come! (or any shorter option of your choosing). So, now that you've got a few more rides in, has it softened up a little?.

**Career Opportunity:** NDOT's Bicycle and Pedestrian Program Manager position is vacant. The last few people to hold this position were Alta Alpina members. The job will soon be posted on the Nevada State Career Portal: <https://nvapps.state.nv.us/NEATS/Recruiting/ViewJobsHome.aep>

## Alta Alpina Challenge 2019 - June 29

Michael Bayer, Challenge Director

If you haven't already signed up for your volunteer job for the Alta Alpina Challenge on June 29, please contact me as soon as possible—bring your whole family if you can. Contact me at [challenge@altaalpina.org](mailto:challenge@altaalpina.org).

We still need volunteers for rest stops, signage, SAG, motorcycle, radio, and rider check-in.

If you simply can't be here on June 29, please volunteer for other pre-event and post-event projects or for the staff ride day on July 27—contact me at [challenge@altaalpina.org](mailto:challenge@altaalpina.org) and let me know when you're available. We need volunteers to help sort and pack gear before the event, for moving gear after the event, and for supporting the staff ride on July 27.

We're also looking for 10x10 pop-up tents. If you have a 10x10 we can borrow, or know a group or business we can borrow one from please contact me at [challenge@altaalpina.org](mailto:challenge@altaalpina.org).

We're also looking for trucks and trailers to move gear. Do you have one that we can use?

We still have a few posters left. Do you know a good spot? Please let me know.





## AACC Weekend Ride Schedule—June

Rick Miyashiro, Weekend Ride Coordinator

We have a great schedule of weekend rides planned for 2019 and we're off to a great start with some fun, well attended rides.

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.



May 4 Virginia City Ride

Please contact

[ridecoordinator@altaalpina.org](mailto:ridecoordinator@altaalpina.org) if you can lead a weekend ride.

### **Saturday, May 11, 2019 — Diamond Valley From Markleeville**

Meet in Markleeville behind the General Store in the county office parking area. Be ready to ride at 10:30am. We will ride up the hill to 88, Carson River Rd. and back Diamond Valley RD and then back to Markleeville for about 25 miles. If people want to ride farther we can add an out and back to the bottom of Monitor.

### **Saturday, May 18, 2019 — South Reno to Verdi and Back**

Meet at 15650 Wedge Parkway in South Reno at the South Valley Regional Park (approximately 1 mile North of SR 431 just west of exit i-580 exit at SR 431 Mt. Rose Highway). Park near the covered seating between the soccer pitches. This tour starts in South Reno winding back North to midtown, river corridor, out to Verdi, up through Caughlan Ranch, Lakeside-Drydon, into ArrowCreek, and back down to the park. Moderate climbs with some steep cotes (Turning Leaf Switchbacks and Petite Cauburg). Stops at Orange Pedal Bike and Safeway at top of Caughlan Ranch. This is a fun course over mostly bike friendly roads with a total of about 56 miles. Club weekend ride so snacks at the park afterwards

### **Sunday May 19, 2018 — TAMBA Trail Day**

TAMBA is organizing a Trail Maintenance Day for Corral Trail. Work starts at 9:00am and will run until 1:00pm. For more information visit <http://tamba.org/> and click on the events tab and then the calendar.

### **Sunday May 26, 2019 — Ray Rickard Memorial Spring Century**

Mark your calendars for our annual members-only spring century and post-ride BBQ. The start/finish will be the same as last year as Tina Keegan has again generously volunteered her property. As always there will be multiple route options so there will be a distance and route to fit everyone's fitness. Watch for the May newsletter for all the details.

### **Sunday, June 2, 2015 — America's Most Beautiful Bike Ride**

Bike the West presents the 27th annual AMBBR with options 35, 72, and 100 miles starting at the Hard Rock Hotel & Casino in Stateline. Ride around Lake Tahoe and enjoy great scenery and well stocked rest stops with an after ride party. For all the details, go to [www.bikethewest.com](http://www.bikethewest.com).

### **Saturday June 8, 2018 — Blue Lakes and BBQ**

Leave Dave Scarborough's house at 9:30am for an up to 70 mile ride to Blue Lakes. For a shorter ride, join the group at Old Meyer's Grade at 10:30am. After the ride we'll have a BBQ at Dave's house. For more information, see the rideboard on the club website.

### **Saturday June 15, 2018 — Kingsbury Luther**

Meet at Genoa Town Park on Nixon Street ready to ride at 9:00am. We'll ride up Kingsbury to Lake Tahoe, to Pioneer Trail to old South Upper Truckee Road, and over Luther Pass, down Woodfords Canyon and back along Foothill to the start, for about 62 miles and 4800 feet of climbing. Or just join us for the Kingsbury climb.



## Thursday Evening Race Series — 2019 Season

Michael Bayer, Race Administration

Alta Alpina races are open to everyone in the cycling community. The race categories make it easy for anyone from racing veterans to first-timers to have a great race experience. Racing is one of the best ways to get some excellent cycling exercise and social time for cyclists of any age.

### Race Schedule

For those who are a little nervous about getting started with racing we suggest participating in the **Time Trial Series** —the subset of the overall series consisting of just the time trials. Please encourage your friends who might be uncertain about racing to consider participating in the time trials!

|      |                                      |      |                                  |      |                                       |
|------|--------------------------------------|------|----------------------------------|------|---------------------------------------|
| 5/16 | Pinenut Road Race                    | 6/27 | Fredericksburg Two Up Time Trial | 8/8  | Diamond Valley Road Race              |
| 5/23 | Starbucks Criterium                  | 7/11 | Eagle Ridge Circuit Race         | 8/15 | Blue Lakes Time Trial                 |
| 5/30 | Kingsbury Time Trial                 | 7/18 | Blue Lakes Time Trial            | 8/22 | Starbucks Criterium                   |
| 6/6  | Diamond Valley Road Race             | 7/25 | Pinenut Road Race                | 8/29 | Fredericksburg Time Trial             |
| 6/13 | Jack's Valley Time Trial             | 8/1  | Kingsbury Time Trial             | 9/5  | Diamond Valley Road Race Short Course |
| 6/20 | Diamond Valley Double Back Road Race |      |                                  |      |                                       |

### Rain or Shine

Races will take place rain or shine, hot or cold, still or windy or smokey. We won't cancel a race. However, the Race Steward reserves the right to adjust the course, timing, or number of laps to reflect conditions. If access to a race start location is blocked for some reason we'll simply move the start to the closest possible location and adjust the course. If conditions change after the start of a race and the Race Steward determines that it must be terminated early for safety reasons all racers will receive 5 points for the series.

### Race Registration

Register for each race between 5:30pm and 6:00pm. If you already have a season pass you just go to the front of the line and sign in on the sheet of colored check-in. If not, and it's your first race, allow time to register and get your RFID chip mounted.

### Race Venues, Maps, Directions, Safety Rules, Race Formats, and Race Results

Visit the racing page on the club website for all the details:

<http://www.altaalpina.org/clubracesroad/>

### Fast and Accurate Race Results

Race results are generally available on the website within a few hours and the new software presents additional information that you'll find fun and interesting. However, results can be significantly delayed (and lap timing information may be unavailable) if chips are not mounted correctly or if racers pass through the finish line zone when they are not racing.

Each chip must be mounted on the right fork with its surface parallel to the front wheel. It must be held in place so that it doesn't move around AND so that the number on the chip remains visible. If a chip is loose or isn't positioned correctly, it won't get detected and the number may not be readable in the photo finish. If we can't identify you through RFID or by number we have to fall back on other information and this can greatly extend the time to get everyone's results published. The zip ties we provide will hold the chip in the right position on many forks as long as they're tight. However, the shape of many newer forks require the use of o-rings to hold the chip in the right position and we recommend using o-rings if in doubt. On some forks you have to tie the pair of o-rings together and on some forks you might need 3 or 4 o-rings. Ask if you need help. O-rings are available at the start for \$1/pair.

Do not use tape or other adhesives on the chips. Removing the adhesive is time consuming and expensive and may damage the chips.



### Junior Mountain Bike NICA Team Clothing

#### Order Window Opening Soon

Coach Drew Bray has been working with members of the Alta Alpina NICA Team on a unique collection of team clothing that feature the loose fit and dark look desired by the mountain bike racers as well as matching pre- and post- race clothing that looks great on the podium and at school. The clothing will be available to order online for a brief period. Team members are required to have one of the jerseys to race however the full catalog of items will be available to all Alta Alpina members of all ages. Watch for an email with ordering information and act quickly if you're interested because they won't be available for long.



**Congratulations** to Junior Team Members Justin Kinser and Audry Keasling for their podium finishes at the second Race of the California Dirt MTB Series on May 5 at Round Mountain.

### Board Meeting Minutes—May 6, 2019

Secretary: Michael Bayer;

Other Board Members: Tod Conover (Membership); Lori Kroboth (Deputy Treasurer); Nigel Leigh (President); Tammy Lundquist (Vice-president); Carlo Luri (Advocacy); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Dave Scarborough (Spring & Fall Century); Gregg Westerbeck (Membership Growth, by phone);

Other Attendees: Drew Bray

Meeting called to order at 6:02pm

Minutes of March Meeting approved as presented [Nigel/Tod/Unanimous]

#### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$4976.31. The current Paypal balance is \$13,644.28.
- **Membership:** There are 154 fully paid memberships. Tod and Gregg continue to explore how we can work better with local bike shops.
- **Weekend Rides:** Weekend rides in April were well attended. There were 8 people for the beginners ride and 18 for the Virginia City ride. Dave reports that he plans on doing his annual BBQ ride to Blue Lakes rather than around the lake this year.
- **Social Media:** Kimberly continues to push out regular posts and we're seeing the positive

results.

- **Newsletter:** May newsletter should go out ASAP. The focus is the spring century. Michael will be typing up minutes, list weekend rides, and update the race schedule. He needs a presidential posting and any other items board members would like to include this month.
- **Website:** Jim is working through the pages on the website to switch to the new banner. Please flag anything on the website that looks out of date to Jim.
- **Insurance:** Race and challenge insurance was finally in place just before the race season started. Thanks to Kimberly and her husband for reviewing our policies and checking on alternatives.
- **Clothing and Junior Team:** Drew has developed a line of clothing for the Alta Alpina



NICA team. The team coaches have identified the need for a cohesive team look for both on and off the bikes that reflects the fashion instincts of the middle and high school students. The clothing uses the club's blue and yellow colors on a black background. The board agreed that members might also want some of these items in adult sizes so all members will be able to order these items for a limited time.

The team will also have a presence at the TAMBA MTB festival on June 22 to promote the team and show off their accomplishments.

- **Weekly Road Races:** The first three races have been well attended. We had 45 participants for the first race even without ROP participation. We look forward to an even bigger group once ROP students start participating on a regular basis.
- **Spring Century:** Dave has lined up volunteers for all three rest stops (Rick, Curtis, and Lori) but is still looking for people to help with parking the morning of the ride.
- **Fall Century:** Date is set for October 6.
- **Adopt A Highway:** Thomas has completed permit and training process with CalTrans.
- **Pinenut Cracker:** Brian is working on 2020.
- **King of Kingsbury Time Trial:** Date is set and being advertised on posters. Standard race fees will apply and we'll use the race timing gear but it's not part of the twenty race season.
- **Mixed Terrain:** The plan is to have the series start in August 2020. Michael has developed a three phase marketing plan for the series that kicks off in July 2019 with an announcement late in the year. Carlo and Michael submitted a grant proposal for state tourism marketing dollars. The next step is lining up local groups and sponsors.

- **Challenge:** The May 1 deadline to avoid late fees brought a surge of new registrations however we're still fighting a tendency for participants to put-off committing to early registration. The current focus is on filling open volunteer jobs. The staff ride for scheduled for July 27 will be important this year as many key volunteers also want to be able to ride.
- **Bike Advocacy:** Carlo reported that the annual Bike-Ped Conference is being planned for the fall and will probably be held in Stateline again.

2. **Reno Bike Project Event:** Tod reported that he will be attending a Reno Bike Project event on May 12 to promote the club. He'll take posters, cards, a banner, and some t-shirts to give away. Michael will work on getting these materials to Tod.
3. **Eliminating Paper Membership Forms:** Tod presented a report detailing the challenges he has been dealing with trying to process paper membership forms. Part of the problem is that at least one in three forms submitted contain at least one field that is illegible and requires a phone call or email follow-up. It was agreed that the club will eliminate the paper forms and the blank PDF form as quickly as possible. New members will use a web-based form exclusively which can be filled out on a computer, phone, or tablet to eliminate the problem of illegibility. Submitted data will be routed electronically to the Membership coordinator and a waiver will be sent to the new member for their signature. Renewing members have not required a paper form for many years but now will not have the opportunity to submit one.
4. **Next Meeting:** Monday, June 3, 2019, 6 pm, Jethros in Gardnerville.  
Meeting adjourned at 8:05 pm

## Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at [www.AtaAlpina.org](http://www.AtaAlpina.org).  
Show your AACC Membership Card at time of purchase



BlueZone Sports



ALPEN SIERRA  
MOUNTAIN ROASTED COFFEE  
alpensierroastcoffee.com





# Alta Alpina Cycling Club

P.O. Box 2032                    877-845-2453  
 Minden, NV 89423            877-845-BIKE  
                                           www.AltAlpina.org

## MARK YOUR CALENDARS

Spring Century .....Sun, May 26  
 Alta Alpina Challenge .....Sat, June 29  
 Challenge Staff Ride .....Sun, July 27  
 Fall Century .....Sun, Oct 6  
 Thursday Night Races ..every Thu @6:00

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltAlpina.org](http://www.AltAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

|                             |                                        |                                                                            |              |
|-----------------------------|----------------------------------------|----------------------------------------------------------------------------|--------------|
| Nigel Leigh                 | President                              | <a href="mailto:president@AltAlpina.org">president@AltAlpina.org</a>       | 775-790-6373 |
| Tammy Lundquist             | Vice President                         | <a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>           | 530-545-3155 |
| Michael Bayer               | Secretary                              | <a href="mailto:secretary@AltAlpina.org">secretary@AltAlpina.org</a>       | 877-845-2453 |
| Frank Dixon                 | Treasurer                              | <a href="mailto:bikeboygo@yahoo.com">bikeboygo@yahoo.com</a>               | 530-318-1574 |
| Tod Conover                 | Membership Coordinator                 | <a href="mailto:membership@AltAlpina.org">membership@AltAlpina.org</a>     | 877-845-2453 |
| Rick Miyashiro              | Weekend Ride Coordinator               | <a href="mailto:ridedirector@AltAlpina.org">ridedirector@AltAlpina.org</a> | 775-450-6457 |
| Lori Kroboth                | Deputy Treasurer                       |                                                                            |              |
| Gregg Westerbeck            | Membership Growth Coordinator          | <a href="mailto:growth@altaalpina.org">growth@altaalpina.org</a>           | 650-276-6951 |
| Michael Bayer               | Alta Alpina Challenge Ride Director    | <a href="mailto:challenge@AltAlpina.org">challenge@AltAlpina.org</a>       | 877-845-2453 |
| Desiree Aarts<br>Kiley Reid | Thursday Road Race Stewards            |                                                                            | 877-845-2453 |
| Thomas Walker               | Road Cleanup Coordinator               | <a href="mailto:trun@aol.com">trun@aol.com</a>                             | 210-392-2175 |
| Lori Piccini                | Clothing Coordinator                   | <a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>       | 877-845-2453 |
| Carlo Luri                  | Bicycle Advocacy Coordinator           | <a href="mailto:altaalpinaNICA@gmail.com">altaalpinaNICA@gmail.com</a>     | 775-720-0754 |
| David Scarborough           | Spring & Fall Century Coordinator      | <a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>           | 530-318-7878 |
| Mel Maalouf                 | Junior Team Coach / Race Team Director | <a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>                 | 775-782-9652 |
| Jim Sadilek                 | Website Coordinator                    | <a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>         |              |
| Kimberly Bodenstein         | Social Media Coordinator               | <a href="mailto:kaltalpina@gmail.com">kaltalpina@gmail.com</a>             |              |
| Michael Bayer               | Paceline Editor                        | <a href="mailto:paceline@AltAlpina.org">paceline@AltAlpina.org</a>         | 877-845-2453 |
| TBD                         | Volunteer Coordinator                  |                                                                            |              |
| TBD                         | Marketing Coordinator                  |                                                                            |              |

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **June 3** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:  
Michael Bayer