



PACELINE

**Alta Alpina
Cycling Club**

**Volume 16 Issue 2
March 2018**

Alta Alpina Spring Membership Party



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Wednesday, April 11 — CVIC Hall, Minden NV — 6:00PM

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe—Alpine—Carson City—Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now online. If you were a member in 2017 we just need you to confirm your contact information and to renew with a check or Paypal payment for your 2018 membership.

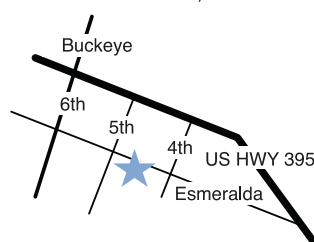
Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door!. For any questions contact Tod Conover on the club hotline at 877-845-2453.

Doors open at 6:00 pm. See you there!

Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.

**CVIC Hall
1602 Esmeralda, Minden**



Critical Vacancies:

Volunteer Coordinator Marketing Coordinator

We organize many events and activities throughout the year— all made possible by our amazing club volunteers but we desperately need someone to take over the role of volunteer coordinator.

We also need a club marketing coordinator so that we can better promote everything that the club does.

Please contact Chris Rhiner at president@altaalpina.org if you have any questions or would like to volunteer.

Time to Renew your Membership!

If you haven't already done so, please renew your membership today:

http://altaalpina.com/membership/join_renew.php

AACC Weekend Ride Schedule

Rick Miyashiro, Weekend Ride Coordinator

We have a great schedule of weekend rides planned for 2018 and we're off to an early start with a weekend ride on March 31. We're still looking for weekend ride leaders for a greater variety of ride options. Please send an email to ridecoordinator@altaalpina.org if you can lead a weekend ride.

Saturday, March 31, 2018 — Pleasant Valley Coffee Shop/Pastry Ride

Meet at Schat's Bakery (1212 S Stewart Street Carson City). We'll depart at 1pm and ride through Lakeview Estates, Washoe Valley, Pleasant Valley, Franktown Rd., and back to Schat's Bakery. The loop is about 46 miles.

Sunday April 8, 2018 — Genoa to Diamond Valley

Meet at Genoa Town Park on Nixon Street in Genoa (Nixon is just the continuation of Genoa Lane). We'll roll out at 10am for a 34 mile ride out to and around Diamond Valley at an easy to moderate pace.

Saturday, April 14, 2018 — Woodfords to Base of Ebbetts

Meet at 11am in Woodfords on Old Pony Express Road - not in front of the Woodfords General Store, but up the hill from it, by the big trees. This will be an easy-paced, early season ride of about 20 miles, riding out toward Ebbetts Pass. We'll turn around at whatever gate is closed, either Wolf Creek or at the 7000ft sign. It's an out and back, so you can turn around when you want to. We'll probably climb about 2000 ft.

Saturday, April 21, 2018 — Carson City-Virginia City Counterclockwise

We'll depart from Schat's Bakery at 10am and ride the Comstock loop counterclockwise. Heading east on the California Bike Trail, Empire, Hwy 50, SR 341/2 (Gold Canyon or Truck Route), Virginia City, descending Geiger Grade, and returning via Pleasant Valley, Memorial Hill, Franktown, Lakeview, V&T bike trail. This is a club ride with Drinks and Snacks afterwards

Saturday April 28, 2018 — Genoa to Markleeville

Meet at Genoa Town Park on Nixon Street in Genoa (Nixon is just the continuation of Genoa Lane), ready to ride at 10am. We'll ride out along Foothill Road to Carson River Road to Woodfords to Markleeville, and return taking Diamond Valley, for about 2500 ft of climbing and 50 miles. It's an out-n-back, so if you're looking for a shorter ride you can turn around when you've had enough. This is a designated Weekend Ride, so snacks and drinks will be served afterward.

Saturday May 5, 2018 — Jacks Valley Out and Back

Meet at the base of Kingsbury, ready to ride at 10:00am. We'll head north through Genoa for an easy ride up to the Clear Creek trailhead.

Saturday May 12, 2018 — Kingsbury-Luther Loop

Meet at Genoa Town Park on Nixon Street ready to ride at 9:30am. We'll ride up Kingsbury to Lake Tahoe, to Pioneer Trail to old South Upper Truckee Road, and over Luther Pass, down Woodfords Canyon and back along Foothill to the start, for about 4800 feet of climbing and 62 miles. Or just join us for the Kingsbury portion if you want.

Saturday May 19, 2018 — Lemond Loop, Clockwise

We'll start from Schat's Bakery at 9:30am. and head for Spooner Pass. The route takes us from Spooner on Highway 28 around the lake to Incline Village. We'll take Village, College, SR 431, SR 341 to Virginia City and then down to Hwy 50 and back to the start via Empire, and California Trail. The Lemond Loop is 80 miles and over 8,700 feet of climbing. We'll make stops at Tunnel Creek, Veterans Pkwy Maverick, Virginia City, and possibly the Chocolate Factory. There is an option for reducing the ride by 8 miles and 1,900 feet of climbing by taking Alt 395, Lakeview, and the V&T trail for more modest early season goals.

Sunday May 27, 2018 — Ray Rickard Memorial Spring Century

One of our biggest club rides of the year—an event with multiple distance options, rest stops, and post-ride BBQ that's free for all members. For 2018 Tina Keegan has volunteered her property off Centerville Road for our start/finish location. The three ride options for 2018 are: the full 70 mile loop over Monitor Pass, a 65 mile out-and-back to the top of Monitor, and the 36 mile Diamond Valley loop.



Presidential Posting

Chris Rhiner, President

Time for a Party!

Well its almost time to start out season of bike races and group rides. The Spring Party on April 11th, Wednesday is our chance to meet up, reconnect and talk cycling.

As i write this Jim and I are riding mountain bikes in Florida. The trails have the same challenges except the obstacles are dinosaur feet shaped tree roots and views of alligators sunning on the banks with babies.

Riding on the beach in a head wind offers similar aerobic activity! We borrowed bikes for the week and so April will not be so hard to get back on my bike and do all the fun April rides like Pardee, Sierra Century and Wildflower all of which we signed up for to make sure riding was a priority for 2018.

Have a great end of ski season, get those bikes tuned up, and log your miles for the Ides of March contest!!

We need photos to help promote our rides, races, and events.
Please send photos that we can use to photos@altaalpina.org

Our Fabulous Mountain Bike Trail System

Jennie Hamiter, Weekend Ride Leader

The grim start to this winter's skiing meant good early-winter winter mountain biking. Trails in Carson Valley and Carson City had been ridable most of the winter, and people were riding Tahoe Mountain trails even into December. The short winter, while disappointing, makes this a good year to help our local trails organizations build or maintain trails.

TAMBA, the **Tahoe Area Mountain Bike Association**, is the organization that builds, maintains and advocates for trails in the Tahoe basin. Among other projects, they're currently working on improvements to the Tahoe Mountain trails. Last fall they completed another portion of singletrack on the Rim Trail south of Heavenly Valley, to bypass that big steep dirt road down Mott Canyon. They've been the driving force behind all the new trails seen in the Tahoe basin in the last ten years, and have helped build many fun, ridable connector trails to the Tahoe Rim Trail. Keep tabs on tamba.org for more information on trail building events.

The **Carson Valley Trails Association** has brought you the Pinyon Trail out in the Pinenuts, Clear Creek Trail out of Jack's Valley, and the trail system out of Genoa. They've started work on extending the Clear Creek up to the Tahoe Rim Trail, which will probably be finished this year. To contact them for trail building opportunities and other ways to help, go to <https://carsonvalleytrails.org/help-cvta/>.

In Carson City, **Muscle Powered** advocates for a walkable and bikeable, and that includes some great singletrack in the hills around Carson City. Their shovel-ready projects include realigning trails at Prison Hill and Secret Trail, a new connector trail at Centennial Park, and new trails in the vicinity of the hospital. Anyone interested in getting out to help can write to jeffpotter@musclepowered.com.

The **Alpine Trails Association** are the trail stewards of Alpine County. They will continue work on the trails in the Indian Creek Recreation Lands this spring, specifically the trail from Curtz Lake down to the Carson River. Once the snow melts off of the higher elevations they will get to work on the Thornburg Canyon Trail between Blue Lakes Rd. and Markleevillage off Hot Springs Rd. They also hope to clear brush and debris from the 2 mile trail that connect Burnside Lake to the Charity Valley Trail which would complete the link from Burnside Rd. to Grover Hot Springs. Anyone who wishes may contact them at ata.andyl@gmail.com.

Plans continue for more trails in our area, and there is always maintenance required on the existing trails. Trail work is sociable and fun, and when you ride or hike that section of trail in the future you get the satisfaction of coming around a corner and realizing you're on the section of trail that you helped build. Consider doing some manual labor for these organizations, or at least joining and supporting them.



Thursday Evening Race Series — 2018 Season

Michael Bayer, Race Administration

New Schedule and New Venue

The Alta Alpina racing season is just a few weeks away. The board has hammered out a new race schedule to incorporate all the feedback we received last year. We're hoping that everyone will come out on Thursday evenings to join in the fun. Whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

Race Season Passes and Race Chip Deposits

We'll be offering race season passes again this year—a great way to save on weekly race fees. All racers need to mount a race chip (\$10 deposit) on the front right fork of their bicycle for each race. You'll want to get both at the Spring Membership Party on April 11.

Race Schedule

The race schedule for 2018 once again features a full set of twenty races with something for everyone.

4/19	Fredericksburg Prologue (See below)	5/31	Kingsbury Time Trial	7/19	Pinenut Road Race
4/26	Diamond Valley Road Race Short Course	6/7	Diamond Valley Road Race	7/26	Kingsbury Time Trial
5/3	Starbucks Criterium	6/14	Jack's Valley Time Trial	8/2	Diamond Valley Road Race
5/10	East Valley Time Trial	6/21	Diamond Valley Double Back Road Race	8/9	Blue Lakes Time Trial
5/17	Pinenut Road Race	6/28	Fredericksburg Two Up Time Trial (See below)	8/16	Starbucks Criterium
5/24	Starbucks Criterium	7/5	Eagle Ridge Circuit Race	8/23	Fredericksburg Time Trial
		7/12	Blue Lakes Time Trial	8/30	Diamond Valley Road Race Short Course

Notes for 2018:

- By popular demand, we're adding a 13 mile time trial on the recently paved Jack's Valley Road. This is scheduled for June 14.
- We've also added a second Blue Lakes Time Trial to the schedule in place of one of the Eagle Ridge races.
- The Two Up Time Trial is back by popular demand. For 2018 there won't be any race categories so everyone will be encouraged to partner with spouses/children/friends regardless of category.

Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following **guidelines** for choosing your category initially:

Category A: Advanced/Very Fit/Race Experience/Train for Racing.

Category B: Competitive/Very Fit/Race Experience

Category C: Competitive/Fit/Masters 50+/Strong Endurance

Category D: New Racers/Masters 60+

Juniors: 18 years and younger who don't want to race with adults

Everyone is strongly encouraged to participate in the Fredericksburg Prologue (all participants get 10 points). This race is the best time to validate category choice. Results will be available at the end of the race and everyone is free to change categories based on their standings. Subsequently, points earned in one category cannot be moved to a different category. However a racer can switch categories right at the conclusion of a Time Trial and have their time ranked within their new category. Racers can only switch categories once after the Fredericksburg Prologue.



Alta Alpina Cycling Club 2018 Ides of March Mileage Contest Log

Bring completed log to the Spring Membership Party on April 11

Name: Gender: M / F

The Ides of March Mileage Contest is Back!

Here's how to participate:

1. Print and use this official mileage log.
2. Ride as many miles as you can over 4 weeks starting on March 15.
3. Record the number of miles you ride each day and where you rode.

If you ride dirt, those miles count for double.

4. Bring your mileage log to the Spring Party on April 11. You must be present to win!

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	3/15	3/16	3/17	3/18	3/19	3/20	3/21
Where?							
Mileage							
Week Total							

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	3/22	3/23	3/24	3/25	3/26	3/27	3/28
Where?							
Mileage							
Week Total							

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	3/29	3/30	3/31	4/1	4/2	4/3	4/4
Where?							
Mileage							
Week Total							

	Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
	4/5	4/6	4/7	4/8	4/9	4/10	4/11
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



ALTA ALPINA CHALLENGE June 30, 2018

RIDING THE WILD SIERRA

Come to the Tahoe area and experience the breathtaking scenic beauty of classic, wild sierra roadways and panoramas on some of the best pavement you'll find anywhere. Ride through wilderness areas—no traffic lights and just a dozen stop signs. Registration fee includes rest stops and post-ride meal.

Ride just your favorite pass(es) or pick one of these popular routes:

THE WILD SIERRA METRIC

A beautiful 64 mile ride with 5000 feet of climbing.

THE WILD SIERRA CENTURY

A challenging 110 mile ride with 11000 feet of climbing.

5 PASS CHALLENGE

The classic combination: Carson-Ebbetts-Ebbetts-Monitor-Monitor for 134 miles with over 16,000 feet of climbing.

8 PASS CHALLENGE

World's toughest double century with over 20,300 feet of climbing. Earn the right to wear the 8 Pass Finisher Jersey!



www.AltaAlpina.org/challenge
877.845.2453



Board Meeting Minutes—March 7, 2018

Secretary: Alisa Ashbaugh (by telephone); Other Board Members: Michael Bayer (Alta Alpina Challenge/Newsletter/Insurance); Tod Conover (Membership); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Dave Scarborough (Fall Century)

Meeting called to order at 6:19 pm

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$4950.15. The Paypal balance is \$7901.97. The main activity in the last month was payment of ACCC membership and settling last year's porta potty bill.
- **Membership:** Tod is getting up to speed on the membership system. So far 13 membership renewals have been processed and he is working to deal with membership renewals submitted with only \$25 or \$35 instead of \$30 or \$50.
- **Weekend Rides:** Jennie Hamiter and Tony Parenti will be leading weeked rides. Rick is trying to recruit another 2 or 3 people and will have a meeting to set a ride schedule soon. Dave Scarborough volunteered to lead a ride around the lake and BBQ two weeks after the Spring Century. Dave is also working on a Gold Lakes weekend for 2018.
- **Social Media:** Corby needs more photos for posting on social media. Board approves cross promote with other cycling event organizers.
- **Newsletter:** Since Feb letter went out so late, we will try to put March letter out 3rd week of March.
- **Website:** No update.
- **Weekly Road Races:** Insurance will be \$3.35 per race per rider. Frank suggested that we may need to change our policy on free racing for

board members and ROP.

- **Junior Team:** No update.
 - **Spring Century:** There will only be 3 distance options to ensure everyone finishes around the same time. Alisa volunteered to bring a BBQ to Tina's on May 26th.
 - **Fall Century:** Date confirmed for Oct 7.
 - **Insurance:** Still waiting for challenge quote.
 - **King of Kingsbury Time Trial:** Reno Wheelmen are not doing the hill climb series this year so we'll skip this year.
 - **Cyclocross Race:** No update.
 - **Bike Advocacy:** No update.
 - **Adopt A Highway:** No update.
 - **Clothing:** Lori will be organizing clothing table for the party.
 - **Challenge:** Michael - the effort has been on systems and insurance. Registrations are dribbling in. Marketing asks that when ANYONE is at the top of a pass please take pics and email them to the club so we can use them for marketing the ride.
2. **Member Recruitment:** Tod is exploring ideas for incentives for members to recruit new members.
 3. **Next Meeting:** Monday, April 2, 2018, 6 pm, Jethros in Gardnerville.
- Meeting adjourned at 7:18 pm

Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Ides of March Contest	March 15
Starts	
Spring Party at CVIC Hall	Wednesday, April 11
Spring Century	Sunday, May 28
Alta Alpina Challenge	Saturday, June 30
Fall Century	Sunday, Oct 7

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Chris Rhiner	President	president@AltaAlpina.org	775-790-6373
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Alisa Ashbaugh	Secretary	secretary@AltaAlpina.org	877-845-2453
Frank Dixon	Treasurer	bikeboygo@yahoo.com	530-318-1574
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	ridedirector@AltaAlpina.org	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
Alisa Ashbaugh	Road Cleanup Coordinator	secretary@AltaAlpina.org	877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	
Tina Keegan Becky Kemp	Spring Century Coordinators	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **April 2** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:
 Michael Bayer