



PACELINE

**Alta Alpina
Cycling Club**

**Volume 18 Issue 5
June 2020**

Presidential Posting

Nigel Leigh, President

Wow, we're just a couple of weeks from the longest day. How did that sneak up on us so quickly? Just two important topics this month: Yosemite and the Challenge.

Firstly RIDE YOSEMITE, CARS-FREE!!

That's right, highway 120 through Yosemite is being opened for cars on Monday June 15, but this weekend it is open for bikes only! Cars are allowed from Lee Vining up to Tioga Pass, but not into the Park. The weather looks cold for Saturday, but beautiful for Sunday. So let's get the whole club out there cycling through Tuolumne Meadows to say Olmsted Point! That would be 30 miles from Lee Vining, with 3700 ft climbing to get there, and 2000 ft on the way back. Great views over Half Dome. Others may want to go even further, like White Wolf Campground.

This ride will be social-distanced-style: go with a few close family and/or friends, choose your own start time and place, enjoying seeing a lot of other AACC members out there.

We'll try to have a pit-stop set up at Tioga Pass, near the park entrance. Check the Ride-board posting for confirmation and timing details.

And the Challenge.

At the last board meeting we'd set a 3 week deadline ahead of our June 27 date, to postpone if California hadn't yet relaxed restrictions sufficiently for the event. A Newsom announcement was anticipated, but was preempted by the rioting. After consulting with other stakeholders it was decided that of our 2 backup dates in July, the 25th is the most appropriate, so we'll commit to that one. And we have been offered to advertise to not only the Death Ride email list, but also with Curtis' Bike the West Facebook page, so we have the potential for a well attended event. Which means, please keep Saturday July 25 free on your calendars, we'll be needing a lot of volunteers before, during and after! And some really key points to keep in mind during this covid period: the event will not be a "gathering", instead it will be a "dispersion" of riders over the 200 mile course. And the protocols we've put in place to protect the riders will be equally effective in protecting our prized volunteers.



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Tioga Pass Pit Stop 10:00-3:30 Sunday June 16

Jeni Root has volunteered to host the Tioga Pass pit stop for members doing this weekend's ride. Look for her White Yukon as close as she can get to the entrance.

We're using this opportunity to refine some of the practices and protocols developed for the virus-safe Alta Alpina Challenge: Covid-19 Edition.

Remember: you'll have to have a face covering to access the pit stop:

- Don your face covering when you pull into the pit stop area.
- Pull up to a vacant cone and wait for service.
- We'll refill water bottles and provide snack for you to take away to eat.

We're looking for photos from club and local rides!

Please send ride photos to:

photos@altaalpina.org



Weekly MTB Challenge

Nigel Leigh, President

The Alta Alpina Weekly Mountain Bike Challenge is into it's seventh week already. A new trail each week, of course. Here's a listing of who's been getting out. If some of your rides aren't shown on there, don't panic! Just shoot me a text to 775-267-7089 with either evidence or bribe, and I'll fix it. In particular, for those not using Strava.

At first these rides were fully social-distanced, with everyone choosing their own day and time to ride. However recently a small group of us have been meeting Tuesdays at 5pm for a slightly more social outing. Still no high-fives nor post-ride visits to the Fox & Hound, but more fun than alone. Check the Ride-board or Strava Event for details. Hope to see you out there!

	1	2	3	4	5	6
	Apr 27.. May3	May 4..10	May 11.17	May 18..24	May 25..31	June 1..7
	Clear Creek	Sierra Canyon	King to Ash	Cedar-Sidewinder-Corral	Stinger	Angora/Tahoe Mtn
Brian Dempsey		√	√			
Brian Hamilton		√				
Carlo Luri	√	√			√	
Chris Cherrix				√		√
Desiree Aarts	√	√				√
Doug O'Dell					√	√
Ewa Czarnecka		√			√	
Jennie Hamiter	√	√			√	√
Jim Wire				√		
Nigel Leigh	√	√	√	√	√	√
PD Giltner	√					
Robert Gagen	√					
Ryan Kennedy	√	√			√	
Tammy DeGiovanni	√	√	√		√	



Alta Alpina Challenge: Covid-19 Edition

Michael Bayer, Challenge Ride Director

New Date: Saturday July 25, 2020

Alta Alpina's reputation for producing world-class cycling events has spread far and wide. This year we are dealing with a significant new twist.

The nature of the Alta Alpina Challenge makes it much more adaptable to virus-safety than other types of events. We have taken the lead to develop new protocols and operational plans to adapt cycling activities to be virus-safe.

The route, timing, and cut-offs remain unchanged. Ride fees include food, water, and beverages at regular intervals and a post-ride meal. However, making the event safe for everyone involves a few new rules and shifting some elements of the budget to gear and supplies for virus safety. We think making these trade-offs is better than canceling the event for 2020 so we're working really hard to make this year's ride the best it can be.

The date has been changed to July 25, 2020. This date may be a little warmer than usual with less daylight time, but it allows more time for the existing stay-at-home orders to be relaxed.

New for 2020

As you know, the Alta Alpina Challenge offers up to two hundred miles of riding over 8 passes, with participants given the option to ride whatever subset of the passes they wish—subject to our course timing rules and riding them in the correct order. The “Build-Your-Own-Challenge” option is very popular with many participants choosing to ride their favorite combination of passes. Endurance cyclists from far and wide are traveling here to pit themselves against the 8 Pass Challenge—the Toughest Double Century in the World and to earn the fabled 8 Pass Finisher Jersey. However, new for 2020, we are offering “Audry's 7 Pass Challenge” and the “Classic 5 Pass Challenge” both of which allow participants to earn the right to purchase new finisher jerseys. Many people's training schedules have been disrupted by stay-at-home orders so these are welcome alternatives.

Keeping Everyone Safe

Our first priority is keeping everyone virus-safe so this year's Socially Distanced Challenge will be a little different. We've reviewed every point where volunteers and participants are in close contact and we have restructured our processes and protocols to eliminate,

minimize, and make these contacts safe.

Here are some of the highlights:

- Rider Check-in is streamlined
- Riders will start 30 seconds apart in their pre-assigned 15 minute start windows
- We're eliminating the conventional rest stops. Seven rest stops will be converted to “Checkpoints” staffed by just a single volunteer. Participants will receive most services at four large and two small “Pit Stops” which keep everyone physically separated and shortens the time that participants are off the course.
- Post-ride meals will be provided in to-go boxes with no indoor food service.
- Volunteers will be physically distanced and we'll use walk talkies (FRS Radios) to allow easy communications without contact.

Volunteering for the COVID-19 Edition

Thanks to everyone who has already volunteered to help before, during, and after the event. We still need a many volunteers, for all hours of the day so even if you have plans for July 25 there's still an opportunity to help out early in the morning or in the evening. If you haven't signed up yet, please contact me at challenge@altaalpina.org.

We're also looking for Family Band (FRS) Walkie Talkie radios to borrow for the weekend--specifically the models that run on alkaline batteries. If you can loan us radios or other equipment, please contact me at challenge@altaalpina.org

Encourage Your Friends to Register!

Another way you can help to make the Alta Alpina Challenge a success is to encourage your friends to register to ride with us. We keep the ride small but we're not sold out yet and we're anxious to get as many riders registered as we can over the next few weeks. Total registration will be limited and may be further restricted by permits. Please do what you can to recruit some new participants!

For more information view the [The Covid Edition Frequently Asked Questions](#) on the website.





Alta Alpina Cycling Club 2020 Early Season Mileage Log

Send photo of completed form to Bill Magladry at ridecoordinator@AltaAlpina.org

Name:

Gender: /

Another Mileage Contest for Socially Distanced Riding (Riding for fame and toilet paper)
Here's how to participate:

1. Print and use this official mileage log.
2. Ride as many miles as you can over 4 weeks starting on May 18.
3. Record the number of miles you ride each day and where you rode.

If you ride dirt, those miles count for double.

	Monday 6/15	Tuesday 6/16	Wednesday 6/17	Thursday 6/18	Friday 6/19	Saturday 6/20	Sunday 6/21
Where?							
Mileage							
Week Total							

	Monday 6/22	Tuesday 6/23	Wednesday 6/24	Thursday 6/25	Friday 6/26	Saturday 6/27	Sunday 6/28
Where?							
Mileage							
Week Total							

	Monday 6/29	Tuesday 6/30	Wednesday 7/1	Thursday 7/2	Friday 7/3	Saturday 7/4	Sunday 7/5
Where?							
Mileage							
Week Total							

	Monday 7/6	Tuesday 7/7	Wednesday 7/8	Thursday 7/9	Friday 7/10	Saturday 7/11	Sunday 7/12
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



Alta Alpina NICA Clothing—2020 Order

Coach Drew, Alta Alpina NICA Unified Team

NOTE: The online store will be open June 20 through July 6!

Our NICA Team uniforms are now available to purchase by all Alta Alpina members.

Please use this link to access the team store:

hyperthreads.com/team-stores/alta-alpina/

You can go to the store anytime between June 20 and July 6 and purchase as many or as few items as you wish. There is a sizing link (hyperthreads.com/size-charts/) on the web page to reference (they run small). Check sizing carefully as items cannot be returned if incorrect as they are all custom. Purchase the items and have them shipped directly to the address of your choice. The team store will only be open until **July 6**.

Board Meeting Minutes—June 1, 2020

Secretary: Michael Bayer; Other Board Members: Drew Bray (NICA Team Coach); Tod Conover (Membership); Frank Dixon (Death Ride Training Series); Lee Griffith (Spring Century); Lori Kroboth (Treasurer); Nigel Leigh (President); Carlo Luri (Advocacy); Bill Magladry (Weekend Rides); Jim Sadilek (Website); Gregg Westerbeck (Membership Growth and Social Media)

Meeting held by conference call.

Meeting called to order at 6:04 pm

Minutes of the May meeting approved with amendments. [NigellTod/Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance was unavailable. The Paypal balance is \$9805.02. Lori reports that she needs QuickBooks data in order to build the 2020 budget. She will work with Frank on this.
- **Membership:** Current membership is 129. As of 5/31 there are 81 memberships set to expire. Tod will contact these people to encourage them to renew their memberships. Motion to extend grace period to June 10 [Tod/Nigel/Unanimous] Tod distributed a draft of a proposed new membership waiver/release for review by the board. He is also researching options for e-signatures which are legally binding and that will be accepted by our insurance company and the courts.
- **Weekend Rides:** Bill has been posting rides. Nigel proposed arranging more socially distanced rides like the Spring Century with a central pit stop for extended range, a range of ride options, and no fixed start location/time. It was agreed that that this would be good to pursue.
- **MTB Weekly Rides:** Brian is injured and Nigel has taken over this project and plans to announce

a weekly designated MTB ride challenge each week with the option for a group to ride it in a socially distanced fashion on Tuesdays.

- **Social Media:** Gregg thanked everyone for posting to photos@altaalpina.org to provide photos that he and Carlo can use in social media channels. We seem to be doing well with social media based on metrics and engagement.
- **Newsletter:** Goal is to get newsletter out ASAP as there is a great deal of newsworthy information that needs to go out to the membership.
- **Website:** Jim reported on all the latest updates to the website and reviewed the outstanding amounts he needs to be reimbursed for website expense. Frank committed to mailing a check.
- **Insurance:** Nothing new to report.
- **Clothing:** Drew reported that the NICA team clothing store will open in June. He will get the date to Michael for the newsletter.
- **Weekly Road Races:** The board commended Joseph for his management of the socially distanced race series. It was confirmed that the Strava-based time trial format will continue for the foreseeable future. The upcoming two-up time trial will permit partners from the same household to race together. We're seeing lots of new folks participating and Nigel suggested that



everyone reach out to their friends.

- **Junior Team:** Carlo and Drew reported that the NICA team coaches met to discuss plans for this year. There is a Zoom call taking place in the next few days to organize the league for 2020 and review changes required for social distancing. The team will then meet and review the schedule and plans. Drew reported that trail usage is rapidly growing in the lake basin and this is exceeding trail capacity under social distancing rules. This creates issues for training rides for the team and is likely to require having smaller groups for training..
- **Spring Century:** Lee reported that he only spent about \$20 for ice as we used supplies from storage. At least 35 people showed up at the pit stop and other club members were also out riding. There was further discussion in support of Nigel's proposal for additional activities in this format.
- **Fall Century:** No report.
- **Adopt A Highway:** Thomas reports that Caltrans has extended the suspension of highway cleanup activity.
- **Pinenut Cracker:** The BLM needs new GPX mapping of the course. Brian is injured so Michael and Jennie will ride the loop and record a GPS trace.
- **Challenge:** Intense work continues on the protocols/practices for the virus-safe "Covid-Edition" of the Alta Alpina Challenge. Michael summarized the current plans and reported that riders and all key organizations have been updated on our plans to hold onto July 11 and July 25 as alternate dates.

- **Mixed Terrain:** New graphics have been developed for the website which will get updated as soon as work on the Challenge allows.
 - **Bike Advocacy:** Carlo reported he has learned from the Douglas County traffic engineer that the section of Centerville Rd that connects Lampe to the Ranchos (which is a state route) may not get the planned bicycle lanes for budget reasons. Carlo suggests a letter from the club to NDOT requesting that they fully fund the installation of bike lanes as this is a critical link for cyclists traveling between the Ranchos and Lampe/Community Center/downtown.
2. **Postponing the Challenge:** TRP has been reserved for June 27, July 11, and July 25. We've been told that we're now just limited by provisions in the California stay-at-home orders that limit travel. The board decided that the necessary lead time for postponement to an alternate date should be 21 days. So if the current restrictions are not relaxed by June 6 we'll postpone from June 27.
 3. **Challenge Refund Policy:** Potential participants may be unwilling to register in advance given the uncertainty around dates and our existing "No Refunds" policy. The board agreed to modify the policy so that if are forced to postpone the Challenge to 2021, registered participants who do not want to have their registration automatically extended to the new date can request a refund of 75% of fees paid. [Nigel|Michael|Unanimous]
 4. **Next Meeting:** Next Meeting: Monday, July 6, 2020, 6 pm, by Conference Call. Nigel will distribute details
Meeting adjourned at 8:15 pm.

Local Merchant Discount Program

We're excited that local merchants who support the Alta Alpina Cycling Club are offering discounts to club members. While we're all riding solo these days we still need parts and maintenance so don't forget to continue to work with all of our local merchants! Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org. Check out they're websites or call to find out how they're operating right now.





Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltaAlpina.org

MARK YOUR CALENDARS

Ride Tioga/YosemiteSun, June 14
 Alta Alpina ChallengeSat, July 25
 Tim Rowe MemorialSun, October 4
 Fall Century

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltaAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltaAlpina.org	775-267-7089
Tammy Lundquist	Vice President	tahoe.tammy@gmail.com	530-545-3155
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Lori Kroboth	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Tod Conover	Membership Coordinator	membership@AltaAlpina.org	877-845-2453
Bill Magladry	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	775-781-5768
Gregg Westerbeck	Membership Growth Coordinator	growth@altaalpina.org	650-276-6951
Glynnis Miller	Volunteer Coordinator	volunteer@AltaAlpina.org	928-274-6676
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Desiree Aarts	Thursday Road Race Stewards	racedirector@AltaAlpina.org	877-845-2453
Kiley Reid			
Thomas Walker	Road Cleanup Coordinator	trun@aol.com	210-392-2175
Lori Piccini	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
Brian Dempsey	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Lee Griffith	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Death Ride Training Ride Series Coordinator	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Head Coach	mtnwallaby@gmail.com	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **July 6** for a conference call (contact Nigel for details).

Newsletter Publisher:
 Michael Bayer