



# PACELINE

**Alta Alpina  
Cycling Club**

**Volume 16 Issue 6  
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## **AACC Weekend Ride Schedule—July/August**

Rick Miyashiro, Weekend Ride Coordinator

Our rides accommodate participants with a wide variety of riding speeds and we plan on regular regroup points. The average net speed (including regroup/rest times) is typically 10mph. For example, we'll typically be back at the start after 4 hours for a 40 mile ride. Faster riders are encouraged to circle back at regroup points or to take some time to socialize.

### **Saturday, July 21, 2018 — Highway Cleanup**

Meet at Turtle Rock Park at 8:00am for the club's Adopt-A-Highway clean up of Highway 89. Refreshments/snacks to be provided pre and post clean up. We'll ride Ebbetts or Monitor after the clean-up.

### **Saturday, July 28, 2018 — Emigrant Trail Mountain Bike Ride**

Park on Schussing Way just South of Alder Creek Rd. off of Highway 89, Just North of I-80 near Truckee. We'll roll at 10:00am and take single track and fire roads to Stampede Reservoir at Dog Valley Rd.. The out and back route is about 20 miles and those who want a shorter ride can turn around at any point. There are a few climbs but they are not long and minimal technical skill is required. There will be regroups at the top of climbs and the turn around. Bring enough water for 2.5+ hour ride.

### **Saturday, August 4, 2018 — Markleeville-Lake Alpine**

Meet in the Markleeville Courthouse parking lot and be ready to roll at 8:00am. This is a classic Alta Alpina summer ride. We'll climb Ebbetts, and then Pacific Grade, and stop at the Lake Alpine lodge/store. This is a 67 mile out-and-back with 7600 feet of climbing, Lunch or snacks can be purchased at the lodge/store. Snacks/drinks will be provided at the end of ride in Markleeville.

### **Saturday, August 11, 2018 — Sonora Pass to Dardanelle**

This year we'll start from a new location: meet at the pull-out on CA 108 that is 0.85 mile west of US 395. This is a steep and challenging route with over 8,900 feet of climbing topping out in both directions at Sonora Pass at elevation 9,650 feet. Bring your lowest gearing for the 20% plus sections and extended grades over 12% on one of the most scenic climbs in the Sierra. We will meet (to carpool) from the Starbucks at Waterloo and US 395 in Gardnerville at 7:40am. We'll stop for water at Kennedy Meadows and the general store at Dardanelle which is our turn-around point. There will be regroups on both climbs, and at the Summit, and at the Resort lunch stop. We are riding both east and west passes for a total of 57 miles, but everyone is invited to join us for just the east side.

### **Saturday, August 18, 2018 — 3F to Grover Hot Springs**

Meet at the junction of Foothill, Fredericksburg and Fairview under the trees (the same location as the start of the Fredericksburg TT) and be ready to ride at 8:15am. This is a shorter ride between two pretty big weekend rides. We'll start early to beat the heat and climb through Diamond Valley, to Markleeville and then up to Grover Hot Springs. By the time it heats up we'll be on the downhill way back.

### **Sunday, August 25, 2018 — Mormon Emigrant Loop**

This is a 70 mile scenic loop with about 7000 feet of climbing, mainly through remote, narrow, shady, and poorly marked forest service roads. The ride starts at 9:45am from the Mormon Emigrant rest area parking off Mormon Emigrant Trail near the intersection with CA88. Rick has graciously volunteered to drive SAG, so we'll have plenty of water and some snacks, but please carry plenty of food and water and bring a bike that's in good working order, as there are no other services along the way.

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## 2018 Alta Alpina Challenge

Michael Bayer, Ride Director

### Club Members Have a Great Deal To Be Proud Of!

The feedback from riders during and after the Alta Alpina Challenge was truly overwhelming. Here's a sampling:

*"I just want to add my appreciation to you and your incredible team of volunteers for all you & they did in many tireless hours & sacrifice to make the day so superbly fantastic."*

*"The ride was all I thought it would be and more. Lots of support and the course was marked out very well... the most challenging course I have ever rode! Thanks for everything!!"*

*"I had a really good day, riding up and down in the mountains. I want to give a special thanks to the support people at the bottom of Monitor, Topaz. I was resting at the rest stop for an hour to recover from the altitude sickness and hunger before the final climb back."*

*"This is a ride I would highly recommend, not only for the challenge of the vertical feet, but also your awesome support, planning, and volunteers!"*

*"I wanted to take a minute to thank you guys for a wonderful ride... The aid stations were well stocked and everyone that ran them was super nice and helpful! The people working in the kitchen at Turtle Rock Park were very accommodating and helpful as well... The amount of support was overwhelming. I couldn't have asked for more! Thank you for making all 8 passes possible. I hope to come out and do it again next year!"*

Participants were going out of their way to find me to talk about how much they enjoyed themselves and how impressed they were by our amazing volunteers. We are only able to host this event because we have such resourceful, talented, committed people to keep riders safe and ensure that they can achieve their personal challenge on the day of the event.

I'd like to thank everyone who contributed to the 2018 Alta Alpina Challenge before, during, and afterwards. I don't have room here to recognize the significant contributions of each and every individual but I want to acknowledge the huge contributions of Lori Piccini who worked very long hours in preparing for the event and at Turtle Rock Park and Jennie Hamiter who organized the ham radio team and did everything that might otherwise have fallen between the cracks.

While the event is now over, work on the Wild Sierra continues day and night with many post-event activities keeping me very busy. Planning for next year starts right away as we study what we can improve through our postmortem process.





## Presidential Posting

Chris Rhiner, President

Alta Alpina Challenge is in the books for 2018! After the last few rough years for our Wild Sierra ride due to Mother Nature, we finally had a day of great weather. I spent my day of volunteering working with four other crew members. Our team regulars are Jim Rhiner, myself, and Roxanne/Michael and Bob Westguard. Everyone had a big job to do but we had a great time doing it. The riders as usual enjoy the personalized treatment they receive at Ebbetts Pass and all our rest stops for that matter. We are able to provide a level a service unseen on other rides due to the limited number of entries we are permitted for. We will need some input for next year on the direction of focus for the Challenge. Marketing is our biggest area we would like to focus on but we need your input and support.

I will be heading to the JMT/PCT for a month so i wont see many of you until September. Have a great summer.

**We need photos to help promote our rides, races, and events.  
Please send photos (full resolution) for club use to:**

[photos@altaalpina.org](mailto:photos@altaalpina.org)

## Presidential Vacancy

After 5 years, 2018 is Chris' last year as president. So we're now actively seeking a nominee for club president. While the election of club officers takes place at the annual general meeting in November, the nominee(s) will likely wish to become involved in club decision making right away.

The job of President requires attendance at the monthly board meetings, keeping the membership informed with emails and monthly newsletter articles, selection of board meeting locations, recruiting and coordinating board members, and keeping members engaged. Download a complete job description from our website at:

<http://www.altaalpina.org/membership/JobDescriptions2015.pdf>

## 2018 Project Hero Ride

Thanks to April Wolf and Sheela Bilderback for organizing a great Project Hero Ride on July 15.





## Thursday Evening Race Series — 2018 Season

Michael Bayer, Race Administration

Alta Alpina races are open to everyone in the cycling community. The race categories make it easy for anyone from racing veterans to first-timers to have a great race experience. Racing is one of the best ways to get some excellent cycling exercise and with post-race social time to enjoy snacks with fellow cyclists.

### Race Schedule

Our race season features different venues and formats so that there's something for everyone.

7/19	Pinenut Road Race	8/9	Blue Lakes Time Trial	8/30	Diamond Valley Road Race
7/26	Kingsbury Time Trial	8/16	Starbucks Criterium		Short Course & Pizza Party
8/2	Diamond Valley Road Race	8/23	Fredericksburg Time Trial		

We're only just into the second half of the season so it's not too late to join in the fun! For those who are a little nervous about getting started with racing, we suggest participating in the **Time Trial Series**—the subset of the overall series consisting of just the time trials. Please encourage your friends who might be uncertain about racing to consider showing up and experiencing one of our time trials!

### Race Venues, Maps, Directions, Safety Rules, Race Formats, and Race Results

Visit the racing page on the club website for all the details:

<http://www.altaalpina.org/clubracesroad/>

If you haven't been to a particular race venue before please take a moment to follow the link from this page for details on the venue.

A few things everyone needs to know:

- Always ride as far to the right as possible and do not cross the yellow line (unless you're making a U-Turn)
- Never draft another rider on a standard time trial, only draft your partner on a two-up time trial, and only draft others in your category for other races.
- Roll over the green finish line to have your time recorded. Do not return to the finish line area after you finish.
- If you can't finish the race, let the race steward know as soon as possible.
- Crashes are rare, but if one occurs, everyone in the category should stop to help. The race for that person's category will be neutralized and everyone will receive 10 points towards the season.

### Race Registration

Register for each race between 5:30pm and 6:00pm. If you already have a season pass you just go to the front of the line and sign in on the sheet of colored check-in. If not, and it's your first race, allow time to register and get your RFID chip mounted.

Each chip must be mounted on the right fork with its surface parallel to the front wheel. It must be held in place so that it doesn't move around AND so that the number on the chip remains visible. The zip ties we provide will hold the chip in the right position on many forks as long as they're tight. However, the shape of many newer forks require the use of o-rings to hold the chip in the right position and we recommend using o-rings if in doubt. On some forks you have to loop the pair of o-rings together and on some you might need 3 or 4 o-rings. Results can be significantly delayed (and lap timing information may be unavailable) if chips are not mounted correctly or if racers pass through the finish line zone when they are not racing. Please ask if you need help.

### Rain or Shine or Any Conditions

Races will take place rain or shine, hot or cold, still or windy or smokey. We won't cancel a race. However, the Race Steward reserves the right to adjust the course, timing, or number of laps to reflect conditions. If access to a race start location is blocked for some reason we'll simply move the start to the closest possible location and adjust the course. If conditions change after the start of a race and the Race Steward determines that it must be terminated early for safety reasons all racers will receive 5 points for the series.



## Weekend Mountain Bike Ride

Jennie Hamiter was joined by a large group when she lead a Railway Grade-Cedar-Sidewinder-Connector ride.





### Luther and Blue Lakes Weekend Ride

There was a large group including many first timers for the July 8 weekend ride.



**Bike for Sale:** BH all carbon bike size 50-52 for sale. It has Dura-Ace components, a compact 50-34 with a 12- 34 ten speed cassette. Bought new in 2013 and in excellent condition. Asking price is \$1500. Call Jerry at 775-309-0514(home) or 530-545-1789(cell).

### Tuesday Mountain Bike Rides

Join Nigel Leigh every Tuesday evening for a different trail and a diverse group with which to ride.



### Local Merchant Discount Program

For discounts from these local merchants, please visit the AACC website at [www.AaltaAlpina.org](http://www.AaltaAlpina.org)





## Board Meeting Minutes—July 9, 2018

Acting Secretary: Michael Bayer; Other Board Members: Tod Conover (Membership); Frank Dixon (Treasurer); Tammy Lundquist (Vice-president); Chris Rhiner (President); Jim Sadilek (Website); Other Attendees: Ray Kauffmann

Meeting called to order at 6:10 pm  
Timbers, Lakeside Inn, Stateline NV

Minutes of the 6/4 meeting approved as presented.  
[Frank/Tammy/Unanimous]

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$11,682.88. The PayPal account balance is \$17,237.62. We will need to transfer more funds from Paypal to checking at some point but an immediate transfer isn't required.
- **Membership:** Current membership is 174. Tod is exploring ideas for improving the process for managing membership forms.
- **Weekend Rides:** We've had good attendance at recent club rides. Fourteen people showed up for the last weekend ride.
- **Social Media:** Corby ran the experiment with Facebook advertising for the Challenge and we'll be analyzing the results.
- **Newsletter:** The deadline for July newsletter content is Friday July 13. The newsletter will get out as soon as possible.
- **Website:** Jim updated the website home page to reflect that the 2018 Challenge is in the past. He reported that in the process of updating the inventory on the clothing page that the Paypal buttons still aren't working correctly. Michael will work on fixing them. Jim is looking for new pictures for the home page. Members are asked to submit photos of rides, races, club events, and view of alta alpina territory (full resolution please!) to [photos@altaalpina.org](mailto:photos@altaalpina.org).
- **Weekly Road Races:** Races have been going well and attendance has been good. The race system has been performing well. There was a crash at the Eagle Ridge race by a new racer in the Cs. The racer had considerable road rash but no serious injury.
- **Junior Team:** No report.
- **Fall Century:** No report.
- **Insurance:** Our credit for Challenge insurance from 2017 was for 400 riders so we were

ultimately over insured by 100%. Michael will be working with our agent on how to plan for insurance in 2018.

- **Cyclocross Race:** No report.
  - **Bike Advocacy:** No report.
  - **Adopt A Highway:** The next highway cleanup is scheduled for Saturday July 21. The vests are currently in the shed and Michael will get them to Frank.
  - **Clothing:** Lori has provided Jim with new inventory and that has been updated on the website. Michael will update the webpage with new Paypal buttons that incorporate the latest inventory. Michael will be processing orders for 8 Pass Finisher Jerseys.
  - **Challenge:** Turnout for the Challenge was down by 50% relative to 2016—this is attributable to a combination of factors not the least of which was the loss of momentum after canceling two of the last three events. Some of the other factors were a general decline in century registration levels, website glitches, and a shift to last-minute registrations despite late fees. While most registrations came after the late fee was imposed, we ultimately didn't see a significant decline in 8 pass participation. So despite the decline in overall participation, the club was still able to replenish our checking account and earn enough to cover our annual expenses and underwrite racing and other activities. Final numbers are still pending as bills and jersey orders are still coming in. Rider feedback was off the charts—the Challenge is one of the most beloved events anywhere. A key lesson learned is that we need to work harder to promote the event.
2. **Project Hero Ride:** April Wolfe is organizing the project hero ride on July 15. The event is a club ride and we will provide water and snacks for the rest stops.
  3. **Next Meeting:** Monday, August 6, 2018, 6 pm, Jethros in Gardnerville.
- Meeting adjourned at 8:30 pm



# Alta Alpina Cycling Club

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 Minden, NV 89423                877-845-BIKE  
     www.AltaAlpina.org

## MARK YOUR CALENDARS

Kingsbury Time Trial    ..Thursday July 26  
 Sonora Pass Ride        ...Saturday Aug 11  
 Last Thursday Race    ..Thursday Aug 30  
 Last Day of Summer    ..Saturday, Sep 22  
 Thursday Night Races    ..every Thu @6:00

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Chris Rhiner	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-790-6373
Tammy Lundquist	Vice President	<a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>	530-545-3155
TBD	Secretary	<a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>	877-845-2453
Frank Dixon	Treasurer	<a href="mailto:bikeboygo@yahoo.com">bikeboygo@yahoo.com</a>	530-318-1574
Tod Conover	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	775-450-6457
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
TBD	Road Cleanup Coordinator		877-845-2453
TBD	Volunteer Coordinator		
Corby Cobb	Social Media Coordinator		
Lori Piccini	Clothing Coordinator	<a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>	877-845-2453
Michael Bayer	Paceline Editor	<a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>	
Tina Keegan Becky Kemp	Spring Century Coordinators	<a href="mailto:springcentury@AltaAlpina.org">springcentury@AltaAlpina.org</a>	
David Scarborough	Fall Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
Jim Sadilek	Website Coordinator	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	
Carlo Luri	Bicycle Advocacy Coordinator	<a href="mailto:altaalpinaNICA@gmail.com">altaalpinaNICA@gmail.com</a>	775-720-0754

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **August 6** at **Jethros** in the **Gardnerville Ranchos.**

Newsletter Publisher:  
Michael Bayer