



PACELINE

**Alta Alpina
Cycling Club**

**Volume 19 Issue 7
August 2021**

Presidential Posting

Nigel Leigh, President

The Big Smoke

So, how accurate are you? I know you've been doing it, that glance out the window, then a quick check on PurpleAir to see how close you got.

Being down-wind of the Caldor fire is proving to be a lot worse than cross-wind of Tamarack, isn't it? Many of our weekend rides, mountain bike rides, and road races have been either postponed, relocated or cancelled.

So, what can we cyclists do about it? Here are a few ideas:

- If it's clear, get out on your bike, quick! That brown haze will be rolling back in at the next wind change, so prioritize your physical & mental health over answering that email or re-organizing that sock drawer.
- Use the technology. It's amazing what's at our fingertips now, online weather forecasts, smoke maps (AirNow, PurpleAir), and attempts to put the two together as smoke forecasts (gis.trpa.org). No guarantees of accuracy, but if these can tip you off that it's clear a few miles away, go for it!
- Try out new locations, new rides. Let the clearer air steer you towards somewhere new. That happened at last Tuesday's evening MTB ride. The smoke and forest closures drove us to a trail we'd never considered before, Noble Canyon. Wow, really enjoyed it, felt like an escape from Alcatraz.
- If you can, get away for a few days. Use all the technology & crystal ball gazing to guess where it'll be clear and get out there. We've had success recently with trips to Mendocino and Mammoth/Bishop. Great riding destinations.
- At Alta Alpina, we'll keep rides, races & events going as usual, in the hope that they hit a clear patch. But do check the rideboard, email or social media just before leaving, to see if there's been a change of venue or date.

As for me, I'm normally within +/- 50. But I am really hoping not to get enough practice to get any better...



Inside this issue:

<i>Driver Education</i>	2
<i>Upcoming Rides</i>	2
<i>Planned Giving</i>	3
<i>Million Mile Challenge</i>	3
<i>Thursday Night Racing</i>	4
<i>Leon Wins Gold</i>	5
<i>MTB Bike For Sale</i>	6
<i>Board Meeting Minutes</i>	6

Club Clothing Inventory

We're looking for a new vendor for club jerseys and kits for next year. In the meantime, we still have club clothing in various styles available in our inventory. Check out the available styles and sizes on the [Alta Alpina website](https://www.altaalpina.com).





Educating Drivers

Bill Magladry, Carson Valley Visitors Authority

Hey, that cyclist is in my lane!

Bill Magladry recently wrote the following article for the CVVA to help educate motorists on bicycle safety (and to help promote Carson Valley as bicycle friendly destination).

You can find it posted on their website at visitcarsonvalley.org/cars-bikes/

Cars & Bikes

Carson Valley is home to some outstanding road cyclists, including a few national and world champions. This is a top cycling destination. Some riders decide to live here after visiting the valley with so many close proximity and challenging rides just outside their door. Its also a valley where the majority of vehicle drivers are very considerate of cyclists, pulling over to give far more than the required 3 ft passing room. This is really appreciated, even if the rider is holding the bars too tightly to give you a friendly wave!

Virtually all cyclists are also vehicle drivers, so are acutely aware that some of their maneuvers might be considered annoying by drivers. For example, what appears to be a rude cyclist farther out in the lane while others are along the edge of the road.

You may be witnessing a 'pace line'. The key limiting factor to a cyclist's speed is wind/drag. Therefore, cyclists like to ride in a line for better aerodynamics and greater speed. However, the person in front does most of the work, or "pulling" as it's called. After pulling anywhere from thirty seconds to a few minutes, the lead cyclist typically moves to his left, allowing the pace line to pass him on the right, upon which he takes his place in the rear, until the next leader does the same process.

So, if you happen to drive by a group of cyclists, and one seems to be behaving 'rudely', they may have just finished their pull and are making their way back to the end of the line. Thank you for being patient and kind! It equally helps to consider you may be witnessing some of the top athletes in the country who could be on a 50 or 100 mile training ride.

AACC Ride Schedule

Leon Malmed, Weekend Ride Coordinator

Saturday, September 11, 2021 — TBD based on Fire Status

Meet at Genoa Town Park on Nixon St, Genoa NV ready to ride at 8:30am. This is a mixed terrain ride of about 30 miles and 3000 feet of climbing. A bike with 35-40mm tires will work well, or a mountain bike. This is an AACC Weekend Ride, so we'll have snacks and drinks at the end.

Saturday, September 18, 2021 — Highway Cleanup Plus Ride

Meet at Turtle Rock Park at 8:00am. Come give us a hand as we clean up the roadside of CA-89 north of Turtle Rock Park. Please wear long sleeves, long pants, and gloves for the cleanup. Once we're done cleaning up, a road ride will follow at about 9:00am. The group that shows up will decide on the route.

Sunday, September 26, 2021 — Birthday Ride to Blue Lakes

Celebrate Leon's Birthday with this annual birthday ride. We go up Luther and Blue Lakes and return the same route. Start at 2209 White Sands Drive, South Lake Tahoe at 9:00am; or at the Y in front of Blue Zone at 9:15; or at the turn to 89 after the Meyers roundabout at 9:50am; or at the bottom of Blue Lakes Road in the parking lot on the right at 11:00am; or at the top of Blue Lakes where Patricia will be with the picnic (somewhere along the lake).

Sunday, October 3, 2021 — Tim Rowe Memorial Fall Century

The annual Tim Rowe Memorial Sweetwater Fall Ride marks the end of our weekend ride program for the season. We ride from Wellington to Bridgeport over Sweetwater Pass and back. There will be a rest stop with snacks and drinks at the top of Sweetwater Pass in both directions but we recommend bring money for food in Bridgeport. At the end of the ride we'll celebrate the end of the season with pizza for everyone. The full distance is about 84 miles.



Planned Giving - Your Legacy

Making a planned gift is a great way to create a legacy and to leave the world a slightly better place than you found it.

The Alta Alpina Cycling Club (AACC) is a not-for-profit bike club serving the Lake Tahoe, Carson Valley and Markleeville areas to promote road, mountain, and mixed terrain cycling.

The Club works to create an environment in which cyclists of all ages and abilities can benefit from the physical, mental and social aspects of the sport.

The Club organizes events, leads rides, documents recommended routes, and supports other efforts to make this region a destination for cycling.

The Club sponsors numerous initiatives to introduce junior riders (18 and younger) to cycling. These include road and mountain bike racing programs with access to equipment and training. There is an emphasis on safety, nutrition, and training both individually and in groups.

Alta Alpina Cycling Club is self-financed with modest yearly fees and discounted memberships for families and students.

By including Alta Alpina Cycling Club in your Estate Planning and/or a philanthropic donation, your generosity will help the Club provide the young generation and the Club, access to this healthy activity.

Contact: Legacy@altaalpina.org 1-877-845-2453
Alta Alpina Cycling Club is a tax-exempt 501(c) organization

Lake Tahoe Bicycle Coalition's Project Advocacy

The City of South Lake Tahoe is set to receive \$5,309,994 from the The American Rescue Plan Act (ARPA). You can see some of the projects being considered at: cityofslt.us/arpa

The Lake Tahoe Bicycle Coalition is advocating for these projects:

- Tahoe Valley Greenbelt & Stormwater Improvement Project (\$2M)
- Revitalization of Rocky Point Neighborhood (\$500k)
- Bike Trail Connections/Infrastructure (\$250k)
- Johnson Boulevard Complete Streets Project (\$300k)

For more information about the Lake Tahoe Bicycle Coalition visit tahoebike.org

LAB Launches Campaign to Reach 1 Million Miles of Bike Trips

The League of American Bicyclists (LAB) has a new challenge for us! Starting tomorrow, they're challenging us to take part in their "Drive Less, Bike More" campaign to join tens of thousands of others in making 1 million bike trips for transportation (commuting to work or school, running errands, getting coffee, picking up groceries, etc.) by the end of 2021.

Sign up at: <https://www.lovetoride.net/usa>

For more information see: bikeleague.org/content/league-launches-campaign-reach-1-million-miles-bike-trips

So sign up online, complete a survey on your current transportation habits, and begin logging bike rides!



2021 Thursday Race Season

Joseph Whitely, Race Administrator

Our in-person Thursday night races continue and everyone is welcome! Given the unprecedented fire situation, please check your email inbox, the website home page, and Facebook for news of cancellation or change-of-venue notices before heading out on Thursday.

Please visit the road race page on the AACC website for a link to the racing registration form and waiver. Please fill it out electronically and then print and sign it and bring it with you to your first race. You can change into a different race category for the live races if you want to.

Let me know if you have any questions.

2021 AACC Thursday Evening Twilight Race Series

Fredricksburg 2 UP Time Trial - (WK11)	Eagle Ridge Circuit Race (WK13)	Blue Lakes Time Trial - (WK14)	Pinenut Road Race - (WK15)	Kingsbury Time Trial - (WK16)	Diamond Valley Road Race - (WK17)	Blue Lakes Time Trial - (WK18)	Starbucks Criterium - (WK19)	Fredricksburg Time Trial - (WK20)	DV Road Race (Short Course) - (WK21)	Season Total Points
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A											
1	Blake Herrmann	M	10	14	-	-	20	20	20		84
2	Kevin Willitts	M	10	12	17	-	-	17	14		70
3	Dustin Hess	M	-	-	20	-	17	-	-		37
4	David Greif	M	-	20	-	-	-	-	-		20
5	Brent Williams	M	-	17	-	-	-	-	-		17
5	Robert Braun	M	-	-	-	-	-	17	-		17
7	Mihai Filimon	M	10	-	-	-	-	-	-		10

B											
1	Michael Bayer	M	10	20	20	17	20	20	20		127
2	Robert Gagen	M	10	17	12	-	10	14	10		73
3	Joseph Whiteley	M	-	-	10	14	-	17	12		53
4	Jim Wire	M	10	-	14	-	14	-	14		52
5	Dave Bryant	M	-	-	17	-	17	-	17		51
6	Tyree Holdridge	M	-	-	-	20	12	-	-		32
6	Tom Mapes	M	10	14	8	-	-	-	-		32
8	Rick Miyashiro	M	-	-	-	12	-	-	-		12
9	Max Eisenberg	M	10	-	-	-	-	-	-		10

C											
1	Gregg Westerbeck	M	-	-	20	20	20	17	20		97
2	Bill Magladry	M	10	20	-	-	14	14	14		72
3	Nigel Leigh	M	10	17	-	-	17	20	-		64
4	Brandon Whitmer	M	-	-	14	-	12	8	12		46
5	Thomas Walker	M	-	-	17	17	-	-	-		34
6	Kirt Willard	M	-	-	-	-	-	10	17		27
7	Scott Robertson	M	-	-	-	-	-	12	-		12
7	Curt Wohlgemuth	M	-	-	12	-	-	-	-		12
9	Brian Dempsey	M	-	-	-	-	-	7	-		7

D											
1	Jordan Brooks	M	10	20	20	20	20	20	20		130
2	Jim LaHue	M	10	17	14	17	17	14	14		103
3	Leon Malmed	M	10	-	12	-	-	17	17		56
4	Callis Ogles	M	-	-	17	-	14	-	-		31
5	Michelle Brooks	F	-	-	10	14	-	-	12		36



Photo Finish at Diamond Valley



Leon Malmed Wins Gold

An 83-year old South Lake Tahoe resident gets Gold along with 2 Silver Medals at the Masters Road Cycling National Championships in Albuquerque New Mexico.

At the age of 83, Alta Alpina Cycling Club member Leon Malmed signed up to compete in three races at the annual USA Cycling Road National Championship.

Leon had dreamed about his participation in this event for over a year and has been training mostly indoor due to the smoke issues. He had no idea about the level required to be competitive.

In the first race, a Time Trial of 20 km (12.4 miles), he came in 2nd and won the Silver Medal. All the other participants had a Triathlon bike designed specifically for Time Trial racing while Leon was riding a standard road bike.

The second race, a 50km (32.3 miles) road race, featured a mile-long 14% grade which forced several riders to walk. Leon came second and won his second Silver Medal despite dealing with “Montezuma’s revenge” since the previous race.

On Sunday morning, the day of the last race, when Leon opened the curtains of his hotel room, he could not see the mountains due to smoke, the sun was just a red circle and the AQI was 158.

Would the race be cancelled? It was not.

The last race was a 1.1 mile-per-lap criterium for 45 minutes and he finished first with a strong lead for the Gold Medal.

Two silver medals and one gold qualify for the coveted title of “Best All-Around Rider” for the race category.

Leon asked the other racers in his category how long they had been cycling. “Since they were 16” was the answer! He got into biking when he was 65. when a friend lent him a racing road bike three sizes too large. Not knowing anything about cycling, Leon felt good and made quick progress. He fell in love with the sport and soon bought his own bike.

A few years later, after moving to South Lake Tahoe and joining Alta Alpina, he started participating in the weekly races.

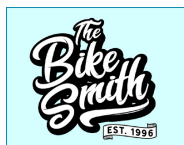
Leon is a WWII Holocaust Survivor. He became an orphan at the age of 4 & 1/2 when his parents died in Auschwitz. He and his sister were hidden for three years and saved by a French Christian family of four at the risk of their own lives.

Leon and his wife have been homeowners in South Lake Tahoe for the last 32 years. Leon likes to say that when he first came to Tahoe in 1989 for a weekend, he felt home for the first time in his life.



Local Merchant Discounts

For discounts from these local merchants, please visit the AACC website at www.AltaAlpina.org



BlueZone @ Sports





Bike For Sale — Contact Gregg Westerbeck at greggwesterbeck@yahoo.com

Norco Sight (Norco 661 tubing) mountain bike. Comes with Fox Factory Series Shocks, Shimano XT brakes, Deore front derailleur, Shimano SLX rear derailleur, RaceFace crankset, Renthal Fatbar carbon handlebars, 27.5" Stan's No Tubes Flow EX wheels, brand-new 27.5X2.35 Schwalbe Magic Mary tubeless tires. Extra Manitou Minute Express shock included. Price \$2,200.00



Board Meeting Minutes—August 2, 2021

Secretary: Michael Bayer; Other Board Members: Bruce Eisner (Vice-president); Allen Forbes (Membership); Nigel Leigh (President); Carlo Luri (Advocacy); Jim Sadilek (Website); Gregg Westerbeck (Membership Growth and Social Media); Joseph Whitely (Race Director)

Meeting held at Nigel's House

Called to order at 6:08 pm

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$19,829.11. The Paypal balance is \$11,630.03. The effective cash balance after pending liabilities is \$30,340.09. We anticipate expenses of about \$2500 for the balance of the year and we owe approximately \$1000 for storage unit fees.
- **Membership:** Allan reported one new member over the last month.
- **Weekend Rides:** Weekly rides from Big Daddy's have been going well but participation in other weekend rides has been low due to smoke and vacation travel.
- **Weekly MTB Rides:** Turn-out for the Tuesday rides has also been low due to smoke and member travel.
- **Social Media:** Gregg has been promoting races,

and weekend rides via social media.

- **Newsletter:** Michael will get the newsletter out after receiving the presidential posting, interim race results. and other contributor items.
- **Weekly Road Races:** Attendance is about half of normal. This is probably due to smoke and members getting away after a long lockdown. Joseph is working on trying to get the numbers back to where they used to be including contacting racers we haven't seen so far this year. Joseph is training his wife to be race steward so he can return to racing himself.
- **NICA Team:** Recruiting and getting the team up and running is going well. There are about 50 racers and 20 coaches signed up. Training rides have returned to Covid protocols with smaller groups and wearing masks before and after rides. The first race will be a time trial to establish start orders for subsequent races.
- **Fall Century:** No Update.
- **Adopt A Highway:** Board members shared their



observations on the status of Alpine County roads after the Tamarack fire. Carlo suggested that we may wish to do a cleanup in the area of Mud Lake Rd. and Diamond Valley in addition to Highway 89, particularly if most of our Highway Clean-up area is burned and/or off-limits. Michael pointed out there's likely to be lots to clear up after the utility crews go through the corridor.

- **Pinenut Cracker:** No Report.
- **King of Kingsbury Time Trial:** No Report.
- **Challenge:** Michael reported that most of the accounting has been completed and the event ultimately did quite well financially this year. Michael continues to work on tasks to wrap up the 2021 Challenge.
- **Mixed Terrain:** Recent fires, including the Tamarack fire, have now significantly impacted three of the five Carson Valley Adventure Ride Series courses which leaves us with just two viable courses. The two remaining courses are the ones based in Genoa and it was never anticipated that both would be staged in the same year. As long as we don't have a fire in the Tahoe basin or Genoa, or a bigger fire off Jack's Valley these remain viable. However, with Covid still a factor, the process for getting permissions for either Genoa loop has become quite complicated. We will try to stage a club ride on one of these courses in the fall. We may need to focus on the virtual event rather than the original series in 2022. Michael is working to find a new jersey vendor who can make jerseys for the virtual event and satisfy our requirements for the Challenge and even the
- **Bike Advocacy:** TAMBA is holding their annual party at 4pm on Sunday. Jim Sadilek has been tracking news about the incident in which a cyclist was killed by a motorist in Washoe Valley. However the NHP continues to withhold any information on the incident. Carlo reported that proposed NV state legislation making the motorist presumptively guilty in situations like this didn't make it out of committee. What did make it through the legislative process was a bill expanding training for motorists and clarification that motorists can cross a double yellow in order to give cyclists the three feet of clearance already required by law. Carlo also wanted to acknowledge the efforts of John Erb, the county

traffic engineer responsible for making sure that the awesome bike lanes were installed on Centerville Road along with a number of other key routes around Carson Valley

- **Website:** Jim reported that he has created a new NICA team page on the club website and is working on the new planned giving page. Jim will work with Drew to finalize the content. We'll also explore adding a page for members selling bikes and bike gear.
2. **Future Club Financing:** Carlo expressed concern that funding the club primarily through earnings from the annual Alta Alpina Challenge may not be sustainable. Currently the club generates revenue by collecting membership dues, racing fees, and profit from the Challenge with the latter providing the majority of the club's funding. Fires, floods, and Covid have resulted in not having profit from the Challenge three of the last six years. Carlo proposed an alternative funding strategy that would make higher membership dues the primary source for club funds. Carlo's proposal involves continuing to hold significant events like the spring century, fall century, Death Ride Training Series, and 8 Pass Challenge which would be free for members with a goal of attracting members from outside the area who would normally just pay a participation fee for an event. Also under the proposal, Members who volunteer at a certain level would receive a significant discount on their annual membership fees.
This proposal and the underlying concerns were discussed at length. A key concern was that the board isn't clear on how members perceive the value of their club membership. One board members suggested that Alta Alpina should no longer provide food at any member events (including parties and centuries). Another concern raised was that few on the board are actually familiar with the effort needed to manage the Challenge and other events. Converting the Challenge to one or more large club events, paid for through membership dues, might actually require more effort and expose the club to more financial uncertainty.
Next steps are to look at other options and try to financially model the proposal.
 3. **Next Meeting:** Monday, August 30, 2021, 6 pm, . Meeting adjourned at 9:44pm.



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
 Minden, NV 89423 877-845-BIKE
 www.AltAlpina.org

MARK YOUR CALENDARS

Tim Rowe MemorialSun October 3
 Fall Century
 Daylight Savings Ends ...Sun November 7
 Big Daddy's Ride every Sat @7:30am
 Thursday Night Races every Thu @6:00pm

MOVED? GOT NEW CONTACT INFO?
 Have you moved? Has your e-mail address changed?
 Don't miss out on the latest AACC happenings!
 Update your info at www.AltAlpina.org; click on "Membership"

Alta Alpina Cycling Club Board Members

Nigel Leigh	President	president@AltAlpina.org	775-267-7089
Bruce Eisner	Vice President	clothing@altaalpina.org	877-845-2453
Michael Bayer	Secretary	secretary@AltAlpina.org	877-845-2453
Lori Kroboth	Treasurer	treasurer@AltAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltAlpina.org	
Leon Malmed	Weekend Ride Coordinator	ridecoordinator@AltAlpina.org	408-205-2800
Joseph Whiteley	Thursday Road Race Director	racedirector@AltAlpina.org	775-265-1905
Thomas Walker	Road Cleanup Coordinator	trun@aol.com	210-392-2175
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	altaalpinaNICA@gmail.com	775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltAlpina.org	877-845-2453
Brian Dempsey	Pinenut Cracker Coordinator	pnc@AltAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Death Ride Training Ride Series Coordinator	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Andrew Bray	NICA Team Head Coach	mtnwallaby@gmail.com	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltAlpina.org	650-276-6951
TBD	Volunteer Coordinator	volunteer@AltAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.** In-person meetings alternate between the Carson Valley and South Lake Tahoe.. Join us on **Zoom** on **September 8 at 6:00pm.**

Newsletter Publisher:
 Michael Bayer