



PACELINE

**Alta Alpina
Cycling Club**

Volume 21 Issue 3
April 2023

Alta Alpina Spring Membership Party



Thursday, April 13 — CVIC Hall, Minden NV — 6:00PM

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe—Alpine—Carson City—Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Again this year we're holding the big Bike Swap: Bring any bike-related items to give away or sell. Bike stuff left behind at the end of the night will go to the junior team or ROP.

If you ordered club clothing in February, it will be available for pickup at the party.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now by signing and returning the waiver that was emailed to you and by sending us an online payment or check.

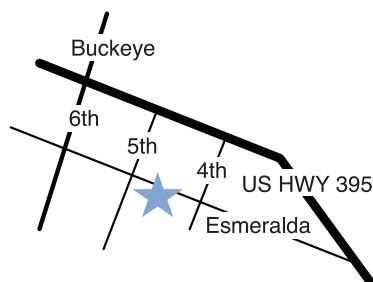
Know any friends or neighbors just getting into cycling? Bring them along and we'll sign them up at the door! For any questions contact Allen on the club hotline at 877-845-2453.

Doors open at 6:00 pm. See you there!

Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.

**CVIC Hall
1602 Esmeralda, Minden**



Inside this issue:

<i>Spring Rider Roundup</i>	2
<i>Presidential Posting</i>	3
<i>Weekend Ride Schedule</i>	3
<i>Thursday Night Racing</i>	4
<i>Spring Century</i>	5
<i>Club Clothing</i>	6
<i>Board Meeting Minutes</i>	7

Time to Renew Your Membership:

Don't forget to sign a new 2023 Waiver

You should have received your personalized waiver by email. If you haven't, please double check your junk mail folder or any filtered email. If you need us to send another copy of your waiver, please contact Allen Forbes at:

membership@altaalpina.org

Be a Ride Leader in 2023

Share your rides with fellow club members!

Volunteer as a weekend ride leader to plan and lead one or more Saturday or Sunday rides, from anywhere, to anywhere, any mileage. We're looking for a diversity of rides so we have something on our ride schedule for every preference and ability.



Kick Off the 2023 Riding Season

Alta Alpina Cycling Club

Third Annual

Spring Rider

Roundup

Saturday April 15
Genoa Town Park

(Alternate date in case of bad weather is Sunday April 16)

Lyn Willoughby, Weekend Ride Coordinator

We're once again holding a Spring Rider Roundup on April 13 to formally kick off the riding season for 2023.

The Spring Rider Roundup consists of a number of different rides chosen to meet the needs of our diverse membership ranging from easy to hard and with options for road and mountain bikes all starting from Genoa Town Park on Nixon Street in Genoa (Nixon is just the continuation of Genoa Lane).

The goal is to get the whole club out riding at the same time and to meet up afterwards. This is a great opportunity to see friends and join in a shared riding experience. In the event of bad weather on April 15, we'll postpone to Sunday April 16.

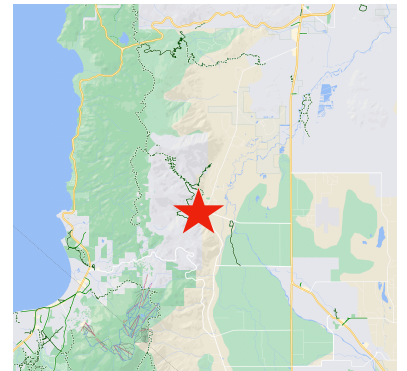
Planned rides include:

- Mountain Bike Loop on Carson Valley Trail System**
- Diamond Valley Loop**
- Genoa to Turtle Rock Park**
- Spooner-Kingsbury via Clear Creek (no Drop Group)**
- Spooner-Kingsbury via Clear Creek (Fast Group)**

Watch the rideboard on the website and your email inbox for last minute changes to ride details and start times.

The club will provide drinks and snacks in the park after the rides and everyone is encouraged to bring a picnic, lawn chairs, blankets, etc.. We'll have our inventory of club clothing available for sale and our racing coordinator, Joseph Whitely, will have racing chips for everyone to pre-register for the 2022 racing season.

You'll need to have renewed your membership before April 15 or you can bring your signed waiver and membership fee to our membership coordinator, Allen Forbes, who will be stationed at the park in Genoa.





Presidential Posting

Bruce Eisner, President

The Alta Alpina Riding Season starts now!

Welcome to spring- mostly sunny, a little snow, usually some wind. Road and MTB riding are in full swing at lower elevations. Those of us at the lake are anxious to find roads without potholes and walls of snow along the edge. Club activities are in full swing this month with our Spring Membership Party (insert link) on the 13th and Spring Rider Roundup on the 15th. Our 2023 Thursday road race series kicks off on Thursday April 20th.



I hope to see you at all of these events.

AACC Weekend Ride Schedule—April

Lyn Willoughby, Weekend Ride Coordinator

There will be both fast and social pace versions of our weekend rides—just show up and join the group of your choice. Social pace riders should carry extra food and be prepared to help as a ride leader.

Saturday, April 8, 2023 — Casual Saturday Ride

Meet at Shoe Tree Brewing in Minden, near the theaters at 10:30am. We'll traverse the backroads through Minden to Sixth Street, which turns into Buckeye, to East Valley, left on Borda, right on Rabbitbrush, left on Fish Springs which changes to Jacobsen, to Out R Way, to Pinenut, across 395, continue to Riverview to Dresslerville, to Centerville, and return through the back of Gardnerville and Minden to Shoe Tree. Malted, carbonated beverages available for purchase at Shoe Tree. Please RSVP by Friday Night. lynwilloughby@att.net, text to 951 642-1611.

Sunday, April 9, 2023 — Rider Round Up Warm Up

Meet at the corner of Fairview, Fredericksburg and Foothill (3F) at 10:00am for a 20 mile ride with approximately 1500 feet of climbing. We'll head out Fredericksburg, up Emigrant Trail, around Diamond Valley and return via Fredericksburg. Should be a good warm up for next weekend's rides. RSVP by Saturday Night to lynwilloughby@att.net or text 951 642-1611.

Thursday, April 13, 2023 — Washoe Lake Loop

Meet at 10:30am on Eastlake Blvd off 395N. Take the first exit in Washoe Valley and go straight across East Lake Blvd onto Frontage Road. There is room to park on Frontage. Enjoy this warming weather and get ready for the Spring Party Thursday evening with a loop around Washoe Lake. Temps are forecasted to be 60s, and low winds but of course, no guarantees! RSVP text or email: Pam: 775-600-5870 or pamdgiltner@yahoo.com

Saturday, April 15, 2023 (Alternate April 16) — Spring Rider Roundup - MTB Ride

Be ready to ride at Nixon Park in Genoa at 10:00 am. Arrive a little earlier if you need to renew your membership at the start. We'll ride the Genoa trails if they're open, otherwise we'll ride the Jack's Valley trail system.

Saturday, April 15, 2023 (Alternate April 16) — Spring Rider Roundup - Diamond Valley Loop

Be ready to ride at Nixon Park in Genoa at 11:00am. Arrive a little earlier if you need to renew your membership at the start. We will head south on Foothill to 3F, south on Fredericksburg, climb Emigrant Trail, a loop around Diamond Valley and return via Fredericksburg to Foothill.

Saturday, April 15, 2023 (Alternate April 16) — Spring Rider Roundup - Genoa to Turtle Rock Park

Be ready to ride at Nixon Park in Genoa at 10:30am. Arrive a little earlier if you need to renew your membership at the start. We'll ride to Woodfords and then Turtle Rock Park (TRP) via Diamond Valley and return via Carson River Rd.

Saturday, April 15, 2023 (Alternate April 16) — Spring Rider Roundup - Spooner via Clear Creek

For the no-drop, casual pace group, be ready to ride at Nixon Park in Genoa at 10:00 am. A faster group will start at 10:30am. Arrive a little earlier if you need to renew your membership at the start. We'll climb Old Clear Creek Road, get on Highway 50 for the rest of the climb to Spooner Summit, return route is still TBD depending on snow and road hazards. This loop will be about 50 miles with about 4700 feet of climbing.



AACC Thursday Night Race Series

Joseph Whiteley, Thursday Night Race Director

The 2023 Alta Alpina racing season kicks off on April 20.

We're hoping that everyone will come out on Thursday evenings to join in the fun. Whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

Race Season Passes and Race Chip Deposits

We'll be offering race season passes (\$110) again this year—a great way to save on weekly race fees. All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race. You'll want to get both at the Spring Membership Party on April 13 to avoid a delay at your first race. Please download, print, and sign the RACE WAIVER (distinct from the membership waiver) and bring it with you to the Spring Party.

If you still have your chip from a previous race season and you'll be racing in 2023, bring it to the Spring Party so we can get it registered back to you for the 2023 race season. If you still have a race chip but you won't be racing this year, PLEASE RETURN your chip at the Spring Party (we need to get all the chips back!)

4/20	Fredericksburg Prologue	6/8	Diamond Valley Road Race	7/20	Pinenut Road Race
4/27	Diamond Valley Road Race Short Course	6/15	Jack's Valley Time Trial	7/27	Kingsbury Time Trial
5/4	Grandview Criterium	6/22	Fredericksburg Two Up Time Trial	8/3	Diamond Valley Road Race
5/11	East Valley Time Trial	6/29	Diamond Valley Double Back Road Race	8/10	Blue Lakes Time Trial
5/18	Pinenut Road Race	7/6	Eagle Ridge Circuit Race	8/17	Grandview Criterium
5/25	Grandview Criterium	7/13	Blue Lakes Time Trial	8/24	Fredericksburg Time Trial
6/1	Kingsbury Time Trial			8/31	Diamond Valley Road Race Short Course

Full Race Schedule

The race schedule for 2023 once again features a full set of twenty races with something for everyone.

4/20	Fredericksburg Prologue	6/22	Fredericksburg Two Up Time Trial	8/10	Blue Lakes Time Trial
5/11	East Valley Time Trial			8/24	Fredericksburg Time Trial
6/1	Kingsbury Time Trial	7/13	Blue Lakes Time Trial	8/31	Diamond Valley Road Race Short Course
6/15	Jack's Valley Time Trial	7/27	Kingsbury Time Trial		

Time Trial Series Schedule

Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the Time Trial Series!

Check the club website at <https://www.altaalpina.org/clubracesroad/> for details of all race venues, formats, other rules, and updates.

Race Categories

Racers continue to be grouped into 5 categories. Racers compete within their category for points through the season. In road race, criterium, and circuit format races all racers of the same category start together and may draft one another but may not draft racers in a different race category.

Use the following **guidelines** for choosing your category initially:

- Category A: Advanced/Very Fit/Race Experience/Train for Racing.
- Category B: Competitive/Very Fit/Race Experience
- Category C: Competitive/Fit/Masters 50+/Strong Endurance
- Category D: New Racers/Masters 60+
- Juniors: 18 years and younger who don't want to race with adults

Everyone is strongly encouraged to participate in the Fredericksburg Prologue (all participants get 10 points). This race is the best time to validate category choice.



Ray Richard Memorial Spring Century And BBQ Saturday May 20th (Alternate Date May 21)

Chris Cherrix, Spring Century Coordinator

Free For All Up-To-Date Alta Alpina Club Members!!

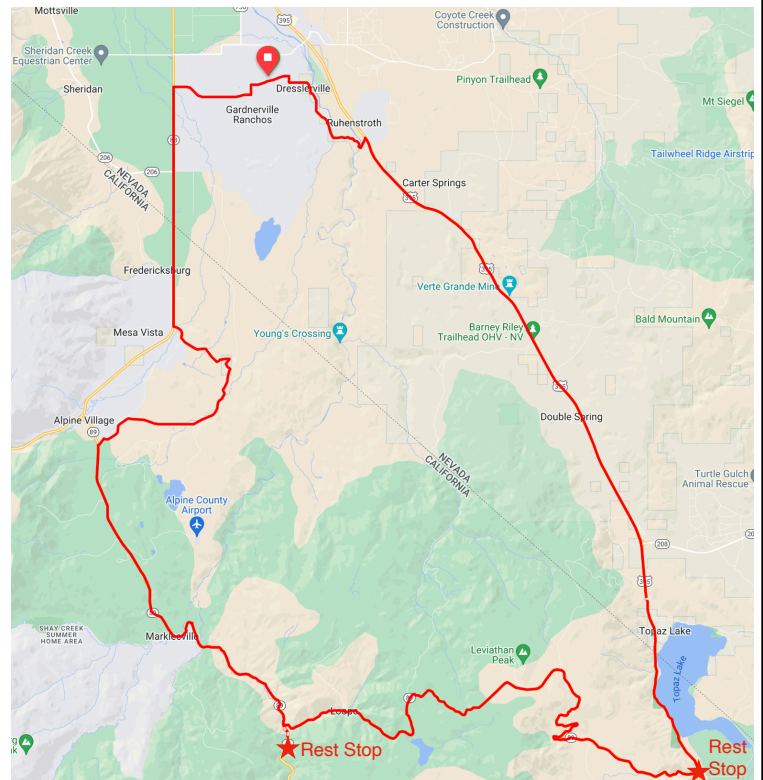
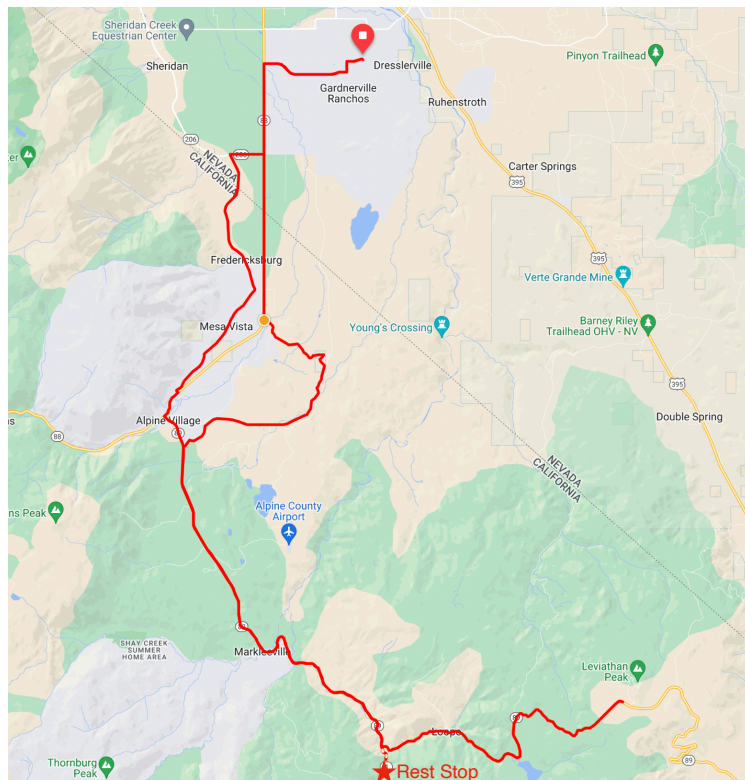
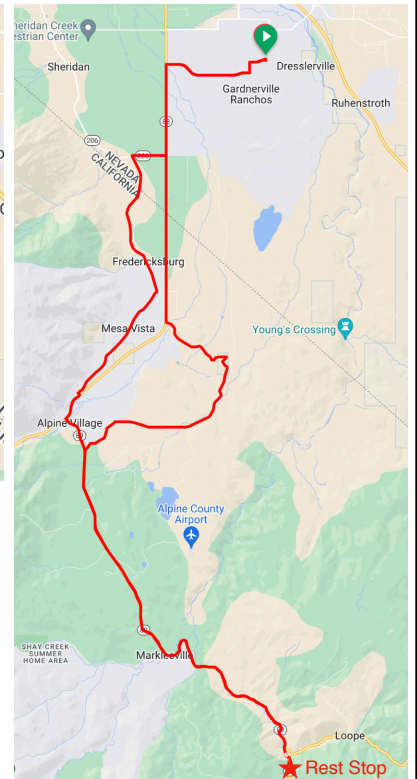
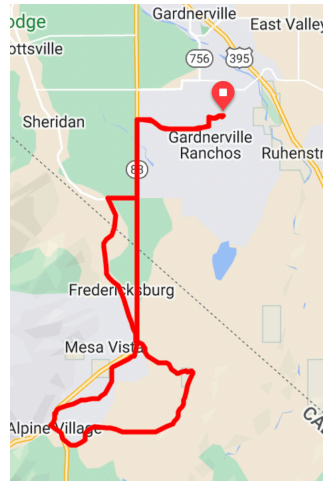
The Annual Spring Century will be taking place next month! If you haven't already done so, please renew your club membership online, or at our upcoming Spring Party so that you can participate.

We'll host the event and post-ride BBQ from a **new venue** this year – the **Ranchos Aspen Park** in the Gardnerville Ranchos.

There will be four fine rides offered this year, from the classic metric century loop with a climb over Monitor Pass, to shorter rides in and around the valleys, or a combination of your choosing. All rides will have staged start times and are self-paced. We'll have two well-stocked rest stops on both sides of Monitor Pass this year with plenty of snacks and beverages. Following the ride, the club will be hosting a free BBQ back at Ranchos Aspen Park.

We'll have more information and maps of the various ride options in next month's newsletter, as well as a link to RSVP with your ride option and BBQ request.

We're still looking for volunteers to help set up and clean up on the day of the BBQ, as well as lend a hand at the rest stops. If you'd like to help out, please call or text Chris at 928-600-1097.



Club Clothing

Bruce Eisner, Clothing Coordinator

New Club Kit Options for 2023, Old Inventory Still Available

If you ordered club clothing earlier this year, it will be available for pickup at the Spring Membership Party on April 13 at the CVIC Hall, just come to the clothing table to collect your item(s).

If you missed the first order window, the online store is open again until April 17 for orders of jerseys, shorts, and vests:

<http://teamstore.ascendsportswear.com/store/alta-alpina-cycling-club/>



Breaking News: By popular request, we've added sleeveless/racerback jerseys to the online store. Sleeveless is now an option if you select the "Volare" performance jersey



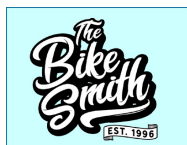
We have recreational jerseys (for \$64), performance jerseys (for \$75), shorts (for \$84), bib shorts (for \$89), and for the first time, vests (for \$75). If you ordered by the February deadline for pick-up, your items will be available at the Spring Party. Orders placed between now and April 17 will be shipped to your home.

Club jerseys, shorts, and other accessories are still available in a variety of sizes in our club inventory. Visit our website at: <https://www.altaalpina.org/clubkit/> to see what is available. In addition to jerseys, there are great deals on shorts, bibs, and arm warmers.

Local Merchant Discount Program

Visit the merchant, peruse their shops and find out what you can buy as a benefit of being an AACC member. Details about local merchant offers is listed under "Merchant Discounts" on our website at www.AltaAlpina.org.

Show your AACC Membership Card at time of purchase.





Board Meeting Minutes—April 3, 2023

Secretary: Michael Bayer; Other Board Members: Paul Amato (NICA Team Coach); Chris Cherrix (Spring Century); Brian Dempsey (Pinenut Cracker); Frank Dixon (Deputy Treasurer); Bruce Eisner (President); Allen Forbes (Membership); Nigel Leigh (Vice-President); Bill Magladry (Treasurer); Gregg Westerbeck (Social Media); Joseph Whitely (Race Director); Lyn Willoughby (Weekend Rides)

Meeting held by Zoom

Meeting called to order at 6:04pm

Minutes of the March meeting approved as presented. [Bruce|Michael|Unanimous]

1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is \$18,548.80. The Paypal balance is \$20,255.54. Revenue is from memberships and Challenge registrations.
 - **Membership:** Allen has all the supplies, contacts, contracts, and plans for the Spring Party. New membership prospects have been contacting Allen directly. Michael will provide art for Gregg to post on Facebook to promote the party.
 - **Weekend Rides:** The first official weekend ride took place on Saturday (4 people showed up and the group grew to 7). Lyn is working with a number of weekend ride leaders and is still working to recruit more.
 - **Weekly MTB Rides:** Nigel hasn't gotten his bike out of storage yet but is planning to lead a ride out of Genoa for the Spring Rider Roundup. If the Genoa trails are still impassable we may need to ride lower Clear Clear Creek.
 - **Social Media:** Gregg spent \$30-\$40 on Challenge boost Facebook posts. 60-70 click throughs. Gregg talked with Michelle and they are coordinating.
 - **Newsletter:** Michael will work to get the newsletter out as soon as possible given next week's spring party so everyone needs to provide their material ASAP.
 - **Website:** No report.
 - **Insurance:** Michael and Joseph will review race insurance options.
 - **Clothing:** No recent sales from inventory. The first batch of club kit has finished production and is being shipped in time for the party. Sleeveless racer-back jerseys have been added to the online store.
 - **Weekly Road Races:** Joseph reported that posters have been printed and posted at the local bicycle stores in the Carson Valley and Reno stores will get posted over the next week. RFID tags have been refurbished and Joseph is still working to retrieve chips. Joseph has arranged for a porta potty from QuickSpace. The club will need a new iPad as the scoring software no longer supports the old iPad we are using. Tony Parenti has proposed an inter-club competition with the Reno Wheelmen.
 - **Junior Team:** Paul reported that on March 24 there was a team leadership meeting. We have a strong contingent of leaders. AACC composite team has been split into a South Tahoe and a Douglas team. We will operate as a single team for practices/coaching but will compete as two teams.
 - **Spring Century:** Chris reported that May 20 is all set with the venue having been reserved with the county. We'll have multiple stage starts so that we maximize socialization at the finish and we may extended our rental to 5pm. There will be one rest stop at Topaz and the other on the west side at the same location as last year. Chris will pick up the porta potty from Joseph the night before. We still need volunteers for rest stops and the BBQ. The board voted to authorize \$1000 for the 2023 Spring Century for the venue, and all the food at rest stops and BBQ [Michael | Bill | Unanimous].
 - **Challenge:** We will probably be staging the Challenge from Woodfords rather than TRP this year as the fire department has pre-empted us.
 - **Pinenut Cracker:** We're looking for a new coordinator. If we can find someone this spring we may still be able to hold a small event on the new Indian Hills loop in the fall.
 - **Bike Advocacy:** We're looking for someone to replace Carlo.
2. **Non-Owned Auto Insurance:** The board voted to spend \$500 on an LAB policy. [Bruce | Allen | Unanimous]
 3. **Tony Parenti's Race Proposal:** Tony is in contact with the Reno Wheelmen to explore re-instating cross-over racing between the two clubs. In the past each club has been invited to participate in two of the other club's races as part of their series. Tony is looking at expanding on that with a club competition of sorts. Joseph will report back to the board on how this discussion goes.
 4. **Next Meeting:** Monday, May 8, 2023, 6 pm, by Zoom.

Meeting adjourned at 8:02 pm



Alta Alpina Cycling Club

P.O. Box 2032 877-845-2453
Minden, NV 89423 877-845-BIKE
www.AлтаAlpina.org

MARK YOUR CALENDARS

Spring Membership Party Thu, April 13
Spring Rider Roundup Sat, April 15
First Thursday Race Thu, April 20
Spring Century Sat, May 20

MOVED? GOT NEW CONTACT INFO?
Have you moved? Has your e-mail address changed?
Don't miss out on the latest AACC happenings!
Send your new contact information to :
membership@altaalpina.org

Alta Alpina Cycling Club Board Members

Bruce Eisner	President	president@AltaAlpina.org	877-845-2453
Nigel Leigh	Vice President		775-267-7089
Michael Bayer	Secretary	secretary@AltaAlpina.org	877-845-2453
Bill Magladry	Treasurer	treasurer@AltaAlpina.org	877-845-2453
Allen Forbes	Membership Coordinator	membership@AltaAlpina.org	
Lyn Willoughby	Weekend Ride Coordinator	ridecoordinator@AltaAlpina.org	951-642-1611
Joseph Whiteley	Thursday Road Race Director	racedirector@AltaAlpina.org	775-265-1905
Jordan Brooks	Highway Cleanup Coordinator	jordan.brooks84@att.net	916-833-7445
Bruce Eisner	Clothing Coordinator	clothing@altaalpina.org	877-845-2453
TBD	Bicycle Advocacy Coordinator		775-720-0754
Michael Bayer	Alta Alpina Challenge Ride Director	challenge@AltaAlpina.org	877-845-2453
TBD	Pinenut Cracker Coordinator	pnc@AltaAlpina.org	
Chris Cherrix	Spring Century Coordinator	springcentury@AltaAlpina.org	
David Scarborough	Fall Century Coordinator	dave_scar@hotmail.com	530-318-7878
Frank Dixon	Deputy Treasurer	bikeboygo@yahoo.com	530-318-1574
Mel Maalouf	Junior Team Coach / Race Team Director	alpinajr@gmail.com	775-782-9652
Greg Phillips	NICA Team Director	AANICADirector@AltaAlpina.org	
Paul Amato	NICA Team Head Coach	AANICACoach@AltaAlpina.org	
Jim Sadilek	Website Coordinator	ccwatchmaker@gmail.com	
Michael Bayer	Paceline Editor	paceline@AltaAlpina.org	877-845-2453
Gregg Westerbeck	Social Media Coordinator	social@AltaAlpina.org	650-276-6951
Michelle Brooks	Social Media Coordinator	brooksmi840@gmail.com	916-833-7446
TBD	Volunteer Coordinator	volunteer@AltaAlpina.org	

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** typically held the **first Monday of each month at 6:00 pm.**

Newsletter Publisher:
Michael Bayer

In-person meetings alternate between the Carson Valley and South Lake Tahoe..

Join us on **May 8** by **Zoom.**