



# PACELINE

**Alta Alpina  
Cycling Club**

Volume 17 Issue 3  
April 2019

## Alta Alpina Spring Membership Party



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**Thursday, April 11 — CVIC Hall, Minden NV — 6:00PM**

The annual Alta Alpina Spring Membership Party is the official kick-off of the cycling season in the Tahoe—Alpine—Carson City—Carson Valley region. This year the party will once again be at the historic CVIC Hall in downtown Minden. This is a central location with lots of nearby parking.

There will be free food, friendly people, and lots to see and learn. Bring your checkbook for club clothing, race season passes, and more. Bring any bike-related items to give away or sell at the swap table. Bike stuff left behind at the end of the night will go to the junior team or ROP.

You can join or renew your membership at the party, but to avoid spending time in line, you can renew your membership now online. If you were a member in 2018 we just need you to confirm your contact information and to renew with a check or Paypal payment for your 2019 membership.

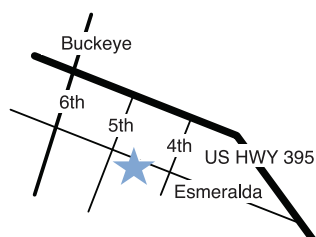
Know any friends or neighbors interested in cycling? Bring them along and we'll sign them up at the door—you'll earn a \$10 credit and a chance to win! For any questions contact Tod Conover on the club hotline at 877-845-2453.

Doors open at 6:00 pm. Bring your Mileage Log (Page 5). See you there!

## Bike & Stuff Swap • Trade

Bring your bike related stuff for sale, or give away to other AACC members. You will have the opportunity to sell, buy, give away, or pick up bike related items.

**CVIC Hall**  
1602 Esmeralda, Minden



## AACC Photo Contest!

We want to see your photos so we're holding a contest! Submit photos (in full resolution) to [photos@altaalpina.org](mailto:photos@altaalpina.org) All photos may be used for club promotion. Photos will be judged in four categories:

- The 8 Challenge Passes
- Thursday Races
- Junior Races
- AACC Logos and Jerseys

## Membership Drive

We're working hard to expand our membership in 2019 and we're asking everyone to help. Whoever recruits the most new members by the spring party will also win a prize. See Page 6.

## Time to Renew Your Membership!

Save time in line at the party.  
Renew online today:

[http://altaalpina.com/membership/join\\_renew.php](http://altaalpina.com/membership/join_renew.php)



## AACC Weekend Ride Schedule—April/May

Rick Miyashiro, Weekend Ride Coordinator

There will be both fast and social pace versions of our weekend rides—just show up and join the group of your choice. Social pace riders should carry extra food and be prepared to help as a ride leader.

Planning your own ride? Be sure to post it to the club rideboard so others can join you!

### **Sunday, April 7, 2019 — Woodfords to Ebbetts Road Closure**

Meet in Woodfords on Old Pony Express Road (not in front of the Woodfords General Store, but up the hill from it, by the big trees). Be ready to ride at 12:30. This will be an easy-paced, early season ride, riding out toward Ebbetts Pass. We'll turn around at whatever gate is closed, probably Wolf Creek. It's an out and back, so you can turn around when you want to. We'll probably climb about 1500ft.

### **Sunday April 14, 2019 — Target South to State Line (Fredericksburg)**

Meet at 11:00am in the north side of the Jacks Valley Target parking lot. We'll ride about 32 miles out-and-back taking the rollers on Jacks Valley Rd south to Foothill to Fredericksburg turning around at the California state line. Pace will be determined based on riders attending.

### **Sunday April 20, 2019 — Washoe Lake Loop**

Meet at 11:00am at Schats Bakery Carson City. We'll ride about 30 miles out and over the hill to Washoe Lake. We'll ride counter clockwise around the lake with a stop at Bowers Mansion on our way back to Carson City.

### **Sunday April 20, 2019 — Schat's to Pleasant Valley**

Meet at 11:00am at Schats Bakery Carson City for a 46 mile counter clock wise loop option to Washoe Lake Loop taking bike path, then up over Coombs Canyon then north on East Lake, down to Pleasant Valley, up Washoe Hill, back along Franktown Rd, and up to Lakeview, Numaga Pass and back down to Schat's Bakery.

### **Saturday, May 4, 2019 — Carson City-6 Mile Canyon-Virginia City**

Meet ready to ride at 10:00am at Schats Bakery Carson City. Let's ride up to Virginia City via Six Mile Canyon - bring your low gears! You can bail if you want at Virginia City by heading back to Carson City then, but the official ride will also do the Geiger/Lousetown loop, for a total of 50 to 60 miles and 4600 feet of climbing.

### **Saturday, May 11, 2019 — Diamond Valley From Markleeville**

Meet in Markleeville behind the General Store in the county office parking area. Be ready to ride at 10:30am. We will ride up the hill to 88, Carson River Rd. and back Diamond Valley RD and then back to Markleeville for about 25 miles. If people want to ride farther we can add an out and back to the bottom of Monitor.

### **Saturday, May 18, 2019 — South Reno to Verdi and Back**

Meet at 15650 Wedge Parkway in South Reno at the South Valley Regional Park (approximately 1 mile North of SR 431 just west of exit i-580 exit at SR 431 Mt. Rose Highway). Park near the covered seating between the soccer pitches. This tour starts in South Reno winding back North to midtown, river corridor, out to Verdi, up through Caughlan Ranch, Lakeside-Drydon, into ArrowCreek, and back down to the park. Moderate climbs with some steep cotes (Turning Leaf Switchbacks and Petite Cauburg). Stops at Orange Pedal Bike and Safeway at top of Caughlan Ranch. This is a fun course over mostly car friendly roads with a total of about 56 miles. Club weekend ride so snacks at the park afterwards

### **Sunday May 26, 2019 — Ray Rickard Memorial Spring Century**

Mark your calendars for our annual members-only spring century and post-ride BBQ. The start/finish will be the same as last year as Tina Keegan has again generously volunteered her property. As always there will be multiple route options so there will be a distance and route to fit everyone's fitness. Watch for the May newsletter for all the details.

### **Saturday June 1, 2019 — Stodick Park-Stockyard Rd**

Our first mixed terrain ride of the season! Meet at Stodick Park in Gardnerville at 9:00am and we'll ride about 30 miles out into the Pinenuts. Cross/gravel bikes are optimal, 28mm or greater tires needed, MTBers are welcome, too!



## Presidential Member Profile: Nigel Leigh, President

**AACC Member since:** 2016

**Current Residence:** Gardnerville, Nevada

**Immigrant from:** Christchurch, New Zealand. That's right, the quiet scenic little place down-under where nothing much happens. Apart from the occasional few thousand Earthquakes right under the city, then California-like forest fires at the edge of the city, and most recently the Mosque Massacres. What's happened to that tranquil haven?

### When did you start riding?

*Started riding?* That happened before living memory, as far as I know I've always ridden. As a kid around the neighborhood, as a teenager to and from school, as an adult to and from work, and in-between up and down hills & mountains.

### What have been your proudest moments/achievements riding?

- Completing the Rose to Toads mountain bike ride. Twice. I reckon you need to do difficult things twice, to prove the first time wasn't just a fluke. Might need to prove that one again soon...
- Anytime that I can get a Strava time better than wrinkly rocket Todd DeGiovanni. It never happens. How does he move so fast over those granite boulders?

**Race Category:** Good question... I've been battling it out at the back of the B's for the last couple of years, watching half the C's rack up faster times, wondering if I'd underestimated my unfitness. This might be the year to make a retrograde move...

### Bikes I ride:

**Road:** Felt Z4 (a German brand with tag-line spoken in a Schwarzenegger accent: "That. Felt. Good")

**Mountain:** Giant Anthem 27.5 for efficiency of motion (e.g. Rose to Toads), Intense Carbine 29" for more comfort on these burly Tahoe trails

### How I support my Bike Habit:

I guess that's referring to work, or perhaps its related to "a drinking club with a biking habit"? Assuming the former, Bently Nevada (was GE, now BHGE, but lets just call it Bently again) alongside living legends like Mel Maalouf, Jennie Hamiter, Garth Jackson, Joseph



Whitely... Or if it was actually the latter, then an imperial stout or a chocolate porter will be just fine thanks.

**In one word, my cycling style is...:**  
Puffing

### Favorite Rides/Races:

**Road:** Markleeville to Ebbets Pass & Lake Alpine. Beautiful! I suspect Sonora Pass will be a favorite too, when the dates finally work out to ride it.

**Mountain:** All the Tahoe Rim Trail rides are excellent, but if really forced to pick the best of the best, it would have to be Kingsbury to The Bench & back. That is an absolute classic, on our doorstep.

### Favorite Post-Ride Food:

Beer & burger at The Fox & Hound up near Stagecoach, after any of the ~5 great trails in that area. Close second place: Grilling on the tailgate on a mild summer evening at any of the other great trails.

### Other Sports & Pastimes:

Back-country skiing at this time of year, the last few weekends have been fantastic. With this snow it should stay good through June! And the melting snow is conveniently re-cycled as water in the rivers. So bring on the white-water kayaking soon! What a playground we live in here.

### Ambitions/Aspirations:

Ski off Pyramid Peak and Mt Shasta. Kayak Slab Creek and N Fk American. Ride Rose to Toads again. Ride Sonora Pass. But mainly keep on enjoying adventures in the outdoors with friends & family.

### My Motto or Inspired Quote:

Niner: "Pedal damn it!"

### Anything else you'd like to say?:

Thanks to my wife of 20+ years (and Thursday race steward of 2 years) Desiree, for supporting and being part of all but the craziest of these adventures





### Thursday Evening Race Series – 2019 Season

Michael Bayer, Race Administration

The 2019 Alta Alpina racing season kicks off on April 18.

We're hoping that everyone will come out on Thursday evenings to join in the fun. Whether you're a veteran or you're gearing up for your first race, please read on so you're up to speed!

#### Race Season Passes and Race Chip Deposits

We'll be offering race season passes (\$110) again this year—a great way to save on weekly race fees. All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race. You'll want to get both at the Spring Membership Party on April 11.

#### Full Race Schedule

The race schedule for 2019 once again features a full set of twenty races with something for everyone.

4/18	Fredericksburg Prologue	6/6	Diamond Valley Road Race	7/25	Pinenut Road Race
4/25	Diamond Valley Road Race Short Course	6/13	Jack's Valley Time Trial	8/1	Kingsbury Time Trial
5/2	Starbucks Criterium	6/20	Diamond Valley Double Back Road Race	8/8	Diamond Valley Road Race
5/9	East Valley Time Trial	6/27	Fredericksburg Two Up Time Trial (See below)	8/15	Blue Lakes Time Trial
5/16	Pinenut Road Race			8/22	Starbucks Criterium
5/23	Starbucks Criterium	7/11	Eagle Ridge Circuit Race	8/29	Fredericksburg Time Trial
5/30	Kingsbury Time Trial	7/18	Blue Lakes Time Trial	9/5	Diamond Valley Road Race Short Course

#### Time Trial Series Schedule

Never raced before? Not sure if you're ready for a road race or criterium? Plan on doing the Time Trial Series!

4/18	Fredericksburg Prologue	5/30	Kingsbury Time Trial	8/1	Kingsbury Time Trial
4/25	Diamond Valley Road Race Short Course(*)	6/13	Jack's Valley Time Trial	8/15	Blue Lakes Time Trial
		6/27	Fredericksburg Two Up	8/29	Fredericksburg Time Trial
5/9	East Valley Time Trial	7/18	Blue Lakes Time Trial	9/5	Diamond Valley Road Race Short Course(*)

- Race nine or more of the races in just the Time Trial Series and you'll qualify for a separate series placement.
- (\*) C and D category racers can get a time for one loop on the Diamond Valley course.

#### Race Season Passes and Race Chip Deposits

We'll be offering race season passes (\$110) again this year—a great way to save on weekly race fees.

All racers need to mount a race chip (\$20 deposit) on the front right fork of their bicycle for each race. You'll want to get both at the Spring Membership Party on April 11.

#### Fredericksburg Prologue

Everyone is strongly encouraged to participate in the Fredericksburg Prologue (all participants get 10 points). This race is the best time to validate category choice. Results will be available at the end of the race and everyone is free to change categories based on their standings. Subsequently, points earned in one category cannot be moved to a different category. However a racer can switch categories right at the conclusion of a Time Trial and have their time ranked within their new category. Racers can only switch categories once after the Fredericksburg Prologue.

#### Read More and Get Your Registration Form

Visit the racing page on the club website ([www.altaalpina.org/clubracesroad](http://www.altaalpina.org/clubracesroad)) for information on all the venues, rules, fees, and more. You'll also find historical race result archives and race results throughout the season. Save time at the spring party by downloading, printing, and completing your 2019 race registration form.



## Alta Alpina Cycling Club 2019 Ides of March Mileage Contest Log

Bring completed log to the Spring Membership Party on April 11

Name:  Gender:  M /  F

The Ides of March Mileage Contest is Back!

Here's how to participate:

1. Print and use this official mileage log.
2. Ride as many miles as you can over 4 weeks starting on March 15.
3. Record the number of miles you ride each day and where you rode.

If you ride dirt, those miles count for double.

4. Bring your mileage log to the Spring Party on April 11. You must be present to win!

	Friday 3/15	Saturday 3/16	Sunday 3/17	Monday 3/18	Tuesday 3/19	Wednesday 3/20	Thursday 3/21
Where?							
Mileage							
Week Total							

	Friday 3/22	Saturday 3/23	Sunday 3/24	Monday 3/25	Tuesday 3/26	Wednesday 3/27	Thursday 3/28
Where?							
Mileage							
Week Total							

	Friday 3/29	Saturday 3/30	Sunday 3/31	Monday 4/1	Tuesday 4/2	Wednesday 4/3	Thursday 4/4
Where?							
Mileage							
Week Total							

	Friday 4/5	Saturday 4/6	Sunday 4/7	Monday 4/8	Tuesday 4/9	Wednesday 4/10	Thursday 4/11
Where?							
Mileage							
Week Total							

Note: Miles on dirt count for double. If you rode dirt miles, write down twice the mileage ridden.

Grand Total



## Inviting your Friends and Neighbors

Gregg Westerbeck, Membership Growth Coordinator

As we kick-off the 2019 cycling season with the Alta Alpina Spring Membership Party on April 11, we'd like everyone to have a chat with their friends, neighbors, and co-workers to invite them to join us this year. How do you do that? Start with these talking points:

- Support the growth of cycling in our region
- Meet new people and share in the camaraderie
- Support Junior racing
- Learn new cycling routes
- Learn more about cycling from others
- Participate in group rides
- Get motivated to ride
- All abilities are welcome
- Ease into racing

## Board Meeting Minutes—April 1, 2019

Secretary: Michael Bayer; Other Board Members: Tod Conover (Membership); Brian Dempsey (Pinenut Cracker); Frank Dixon (Treasurer); Nigel Leigh (President); Carlo Luri (Advocacy); Mel Maalouf (Junior Team); Rick Miyashiro (Weekend Rides); Jim Sadilek (Website); Other Attendees: Drew Bray

Meeting called to order at 6:09pm

Minutes of March Meeting approved as presented [Nigel/Frank/Unanimous]

### 1. Monthly Status Reports:

- **Treasurer:** The current checking account balance is: \$8284.60. The PayPal account balance is \$6816.35. Frank's efforts to get Nigel and Lori onto the checking account hit a snag and may take another 30 days.
- **Membership:** Current membership renewals are going well by mail and by PayPal. [Insert Number Here.] We need to reverse the charges for a few members who paid twice. Tod has been soliciting donations for prizes. Tod will be working more closely with local bike shops.
- **Weekend Rides:** Rick reported a good turnout for last weekends ride--the first weekend club ride of the year. Carlo raised the concern that the "Weekend Rides" link on the homepage might lead to people missing other rides on the rideboard.
- **Social Media:** Kimberly is doing a great job as we're seeing a lot more activity on social media accounts.
- **Newsletter:** Michael plans to post the April newsletter on Wednesday in order to promote the party and get party-info including contest entry information and race season information into people's hands.
- **Website:** Jim will reactivate upcoming race reminders on the homepage. Our domains remain registered with Network Solutions for another year.
- **Insurance:** Michael is working with Kimberly to evaluate our options and shop for race and challenge insurance.
- **Clothing:** Drew reported that he has been working on a whole line of clothing for the NICA team. Proposed designs diverge from previously agreed branding strategies. Carlo and Michael will explore options with Dean.
- **Weekly Road Races:** Kimberly has been making progress getting back unreturned chips and Michael has developed a process for refurbishing chips. The board agreed on a poster design for promoting the race series.
- **Junior Team:** Carlo and Dean are recruiting participants and parents for the NICA team. Clothing is a part of their strategy for creating team cohesion.
- **Spring Century:** Tina Keegan will be hosting but we have a couple of logistical issues to deal with and we might need an extra volunteer or two at the start/finish.
- **Adopt A Highway:** Frank can now access the materials and will deliver them to Thomas.
- **Pinenut Cracker:** Brian indicated that there isn't time to make the Pinenut Cracker happen in



2019 so that will have to wait for 2020 but he's been working on something to build interest and excitement for next year. He proposed a series of Strava-based races on well-known trails. Carlo indicated that this type of activity is not compatible with shared-use trails as it would lead to many complaints from other trail users and could be problematic for the club's reputation. Michael added that insuring against the liability of this type of event may not be easy to obtain. It was proposed that a Strava-based cross country race and/or a Strava-based endura race could be staged on the Pinenut Cracker course if we also plan on a series of rides to teach all participants the course. Michael will get a map to Brian, Brian will connect with Robert for other information, and those familiar with the course will review it with Brian.

- **King of Kingsbury Time Trial:** The event is scheduled for September 28.
- **Mixed Terrain:** Carlo and Michael attended a marketing grant workshop and will be working on a marketing plan, budget, and grant application over the next few weeks.
- **Challenge:** Lori is distributing posters and cards, ads are running in Cycle California and the Adventure Sports Journal. Registrations are coming in but more slowly than expected-- probably because of the weather. Carlo proposed advertising in the new Sierra Nevada Media Tahoe Cycling Guide insert and has negotiated a good deal. The board decided to allocate \$135 to insert an ad that would promote the club and all of the club's events (rather than just the Challenge) and ensure that the event directory in the issue includes all club events including all Thursday races. [Nigel/Tod/Unanimous] Brian proposed inviting YouTube influencers that

specialize in publicizing centuries. He will identify some candidates. Permits will be filed as soon as insurance is in place.

- **Bike Advocacy:** Carlo reported that Jamie Borino has left NDOT so the Bike-Ped position may be now be vacant. Ty Polastri is working on a new initiative in Carson City/Carson Valley to encourage "Bike Friendly Businesses".
- 2. **Local Merchant Discounts:** Nigel questioned how bike shops confirm club membership. Michael explained that since we switched to electronic newsletters, members receive an email with a PDF containing their club membership card which they can save on their phone and show to merchants. Tod will check-in with local merchants.
- 3. **Spring Party Planning:** It was agreed that the menu should remain the same as last year. Michael will organize the food shopping. Tod will find a volunteer to pick up the pizza. Tod and Carlo will reach out to organizations to invite for hosting a table. Tod will confirm club members for all the club tables.
- 4. **Thursday Race Budget:** Michael presented a budget for 2019 racing which included one-time costs for chip refurbishment. The club subsidizes racing for board members, for Junior Team members, and ROP so expenses budgeted at \$6,323.15 exceed projected revenue of \$5325. Budget was approved. [Nigel/Frank/Unanimous]
- 5. **Challenge Budget:** Michael presented a top-line budget for the Challenge featuring \$34,350 of expenses and planning for \$43,880 of revenue. Budget was approved. [Nigel/Tod/Unanimous]
- 6. **Next Meeting:** Monday, May 6, 2019, 6 pm, Lakeside Inn in Stateline.  
Meeting adjourned at 9:32 pm

## Local Merchant Discount Program

Details about local merchant offers is listed under "Merchant Discounts" on our website at [www.AtaAlpina.org](http://www.AtaAlpina.org).  
Show your AACC Membership Card at time of purchase



BlueZone Sports



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alpensierroastcoffee.com





# Alta Alpina Cycling Club

P.O. Box 2032                      877-845-2453  
 Minden, NV 89423                877-845-BIKE  
    www.AltaAlpina.org

## MARK YOUR CALENDARS

Spring Party at CVIC Hall    .....Thurs, April 11  
 First Thursday Race        .....Thurs, April 18  
 Spring Century                .....Sun, May 26  
 Alta Alpina Challenge       .....Sat, June 29  
 Thursday Night Races      ..every Thu @6:00

**MOVED? GOT NEW CONTACT INFO?**  
 Have you moved? Has your e-mail address changed?  
 Don't miss out on the latest AACC happenings!  
 Update your info at [www.AltaAlpina.org](http://www.AltaAlpina.org); click on "Membership"

## Alta Alpina Cycling Club Board Members

Nigel Leigh	President	<a href="mailto:president@AltaAlpina.org">president@AltaAlpina.org</a>	775-790-6373
Tammy Lundquist	Vice President	<a href="mailto:tahoe.tammy@gmail.com">tahoe.tammy@gmail.com</a>	530-545-3155
Michael Bayer	Secretary	<a href="mailto:secretary@AltaAlpina.org">secretary@AltaAlpina.org</a>	877-845-2453
Frank Dixon	Treasurer	<a href="mailto:bikeboygo@yahoo.com">bikeboygo@yahoo.com</a>	530-318-1574
Tod Conover	Membership Coordinator	<a href="mailto:membership@AltaAlpina.org">membership@AltaAlpina.org</a>	877-845-2453
Rick Miyashiro	Weekend Ride Coordinator	<a href="mailto:ridedirector@AltaAlpina.org">ridedirector@AltaAlpina.org</a>	775-450-6457
Lori Kroboth	Deputy Treasurer		
Gregg Westerbeck	Membership Growth Coordinator	<a href="mailto:growth@altaalpina.org">growth@altaalpina.org</a>	650-276-6951
Michael Bayer	Alta Alpina Challenge Ride Director	<a href="mailto:challenge@AltaAlpina.org">challenge@AltaAlpina.org</a>	877-845-2453
Desiree Aarts Kiley Reid	Thursday Road Race Stewards		877-845-2453
Thomas Walker	Road Cleanup Coordinator	<a href="mailto:trun@aol.com">trun@aol.com</a>	210-392-2175
Kimberly Bodenstein	Social Media Coordinator	<a href="mailto:Kaltaalpina@gmail.com">Kaltaalpina@gmail.com</a>	
Lori Piccini	Clothing Coordinator	<a href="mailto:clothing@altaalpina.org">clothing@altaalpina.org</a>	877-845-2453
Carlo Luri	Bicycle Advocacy Coordinator	<a href="mailto:altaalpinaNICA@gmail.com">altaalpinaNICA@gmail.com</a>	775-720-0754
David Scarborough	Spring & Fall Century Coordinator	<a href="mailto:dave_scar@hotmail.com">dave_scar@hotmail.com</a>	530-318-7878
Mel Maalouf	Junior Team Coach / Race Team Director	<a href="mailto:alpinajr@gmail.com">alpinajr@gmail.com</a>	775-782-9652
Jim Sadilek	Website Coordinator	<a href="mailto:ccwatchmaker@gmail.com">ccwatchmaker@gmail.com</a>	
Kimberly Bodenstein	Social Media Coordinator	<a href="mailto:kaltaalpina@gmail.com">kaltaalpina@gmail.com</a>	
Michael Bayer	Paceline Editor	<a href="mailto:paceline@AltaAlpina.org">paceline@AltaAlpina.org</a>	877-845-2453
TBD	Volunteer Coordinator		
TBD	Marketing Coordinator		

The club is about and for you! All AACC members are welcomed to participate in our **Board Meetings** held the **first Monday of each month at 6:00 pm.** The location alternates between the Carson Valley and South Lake Tahoe.. Join us on **May 6** at the **Lakeside Inn** in **Stateline.**

Newsletter Publisher:  
Michael Bayer