

# AACC Pinenut RR Lap

Distance      Avg Grade      Lowest Elev      Highest Elev      Elev Difference  
**9.97mi    0%    4,904ft    5,403ft    499ft**

Cat	Rank	Name	Date	Speed	HR	Power	Time
A	1	Blake Herrmann	16-May-21	23.4mi/h	-	-	25:32
A	2	Kevin Willitts	11-May-21	23.2mi/h	140bpm	218W	25:50
A	3	Brian R. Hamilton	16-May-21	22.5mi/h	156bpm	-	26:34
B	4	Michael B	14-May-21	21.8mi/h	-	-	27:24
B	5	Joseph Whiteley	12-May-21	21.5mi/h	167bpm	211W	27:53
B	6	Chad Lipovsky	11-May-21	21.4mi/h	167bpm	-	27:57
B	6	Robert Gagen	14-May-21	21.4mi/h	149bpm	-	27:57
C	8	Tom Mapes	14-May-21	21.2mi/h	-	200W	28:13
C	9	Thomas Walker	11-May-21	20.5mi/h	165bpm	234W	29:09
C	10	Dave Alexander	13-May-21	20.1mi/h	-	170W	29:42
B	11	Jim Wire	16-May-21	20.0mi/h	-	-	29:53
C	12	Lori Kroboth	16-May-21	19.9mi/h	165bpm	156W	30:04
C	13	Keith Benson	10-May-21	19.7mi/h	-	239W	30:23
C	14	Brandon Whitmer	11-May-21	19.6mi/h	145bpm	193W	30:32
D	15	Jim LaHue	11-May-21	19.6mi/h	144bpm	175W	30:33
C	16	Ben Schneider	16-May-21	19.4mi/h	-	169W	30:46
D	17	Jordan Brooks	15-May-21	19.4mi/h	167bpm	278W	30:50
C	18	Lana Merkley	11-May-21	19.1mi/h	-	-	31:20
C	19	Jeff Milligan	16-May-21	19.1mi/h	160bpm	198W	31:23
D	20	Callis Ogles	13-May-21	19.0mi/h	-	214W	31:25
C	21	Bill Magladry	10-May-21	18.8mi/h	-	149W	31:46
C	22	Brian Dempsey	15-May-21	18.3mi/h	-	178W	32:46
B	23	Jennie Hamiter	15-May-21	18.2mi/h	154bpm	-	32:48
D	24	Leon Malmed	12-May-21	17.8mi/h	-	142W	33:37
D	25	Michelle Brooks	15-May-21	15.0mi/h	-	95W	39:53
B	26	Mel Maalouf*	11-May-21	7.5mi/h	-	90W	1:19:23

\*On a training ride with his boys.

# Gieger Time Trial (Official)

Distance      Avg Grade      Lowest Elev      Highest Elev      Elev Difference      Climb Category  
**7.71mi    5%    4,527ft    6,569ft    2,042ft    2**

Cat	Rank	Name	Date	Speed	HR	Power	Time
B	1	Eric Lehman	15-May-21	9.5mi/h	162bpm	198W	48:34
C	2	Brandon Whitmer	10-May-21	9.5mi/h	144bpm	240W	48:51
B	3	William Cassity	13-May-21	9.3mi/h	-	222W	49:43
C	4	Ron Sandoval	16-May-21	9.0mi/h	161bpm	225W	51:37
C	5	Scott Robertson	14-May-21	8.4mi/h	-	-	54:50
C	6	David Machen	16-May-21	5.9mi/h	-	72W	1:18:08

