

Sierra Nevada HC TT - Kingsbury

Distance Avg Grade Lowest Elev Highest Elev Elev Difference Climb Category
7.84mi 6% 4,805ft 7,346ft 2,541ft 1

Cat	Rank	Name	Date	Speed	HR	Power	Time
A	1	Shane Trotter	30-Jul-20	11.7mi/h	154bpm	351W	40:16
A	2	Mark Edwards	30-Jul-20	11.3mi/h	154bpm	273W	41:47
A	3	Robert Braun	30-Jul-20	10.8mi/h	-	-	43:40
B	4	Chad Lipovsky	28-Jul-20	10.5mi/h	-	264W	44:56
A?	5	Bruce Pauly (Rock Head)	1-Aug-20	10.4mi/h	158bpm	214W	45:05
A	6	Blake Herrmann	2-Aug-20	10.2mi/h	-	337W	45:59
A	7	Mihai Filimon	28-Jul-20	10.2mi/h	-	268W	46:18
A	8	Pike Reardon	31-Jul-20	10.2mi/h	150bpm	311W	46:19
A	9	Brian R. Hamilton	1-Aug-20	9.6mi/h	154bpm	241W	49:17
B	10	Michael B.	1-Aug-20	9.4mi/h	-	-	50:09
A	11	Kevin Willitts	30-Jul-20	9.0mi/h	141bpm	227W	52:05
B	12	Joseph Whiteley	30-Jul-20	9.0mi/h	166bpm	226W	52:26
B	13	Jennie Hamiter	27-Jul-20	8.9mi/h	170bpm	161W	52:52
B	14	William Cassity	2-Aug-20	8.8mi/h	-	248W	53:12
B	15	Nigel Leigh*	2-Aug-20	N/A	-	-	54:30
C	16	Dave Alexander	31-Jul-20	8.6mi/h	-	203W	54:58
C	17	Kirt Willard	30-Jul-20	8.4mi/h	155bpm	202W	56:15
B	18	Jim Wire**	30-Jul-20	8.4mi/h	-	-	56:44
C	19	Lanamal M	29-Jul-20	8.3mi/h	-	232W	57:00
C	20	Brandon Whitmer	30-Jul-20	8.1mi/h	-	240W	57:54
A	21	Mark Schwartz	2-Aug-20	8.1mi/h	161bpm	264W	58:04
B	22	Robert Gagen	1-Aug-20	8.1mi/h	140bpm	-	58:28
C	23	Tom Mapes	2-Aug-20	8.0mi/h	-	194W	59:07
D	24	Desiree Aarts	2-Aug-20	7.9mi/h	-	-	59:14
C	25	Kathy Chappell	1-Aug-20	7.9mi/h	154bpm	-	59:40
B	26	Randy Jacobs	31-Jul-20	7.9mi/h	-	201W	59:46
C	27	Thomas Walker	30-Jul-20	7.8mi/h	172bpm	238W	1:00:15
C	28	Eric Hulphers	30-Jul-20	7.8mi/h	155bpm	199W	1:00:40
C	29	Bill Magladry**	1-Aug-20	7.8mi/h	-	-	1:00:45
C	30	Pistol Pete	29-Jul-20	7.5mi/h	-	257W	1:02:32
D	31	Lori Kroboth	1-Aug-20	7.3mi/h	166bpm	135W	1:04:29
D	32	Mighty Moose	29-Jul-20	6.7mi/h	-	126W	1:10:36
D	33	Jim LaHue	1-Aug-20	6.3mi/h	150bpm	175W	1:14:23
D	34	Henri Evard	2-Aug-20	6.2mi/h	-	163W	1:16:21
B	35	Tony P	1-Aug-20	6.2mi/h	127bpm	200W	1:16:24
D	36	Austin Sass	30-Jul-20	6.1mi/h	-	174W	1:17:10
D	37	Leon Malmed	30-Jul-20	6.1mi/h	-	127W	1:17:35
D	38	Jordan Brooks	30-Jul-20	6.0mi/h	174bpm	173W	1:18:12
D	39	Glynnis Miller	1-Aug-20	5.9mi/h	148bpm	118W	1:19:22
D	40	Meghan D	30-Jul-20	5.7mi/h	-	134W	1:21:55
D	41	Louise Hose	31-Jul-20	5.6mi/h	132bpm	158W	1:24:04
D	42	Jerry Lasarow	31-Jul-20	5.6mi/h	-	143W	1:24:24
D	43	Honey Bear***	2-Aug-20	N/A	-	-	1:33:00

*GPS receiver went bonkers, estimated time.

**Extrapolated Results, stopped just before the finish marker.

***On her Road Bike on a 2 route combo she made up with equal elevation gain and mileage at a higher altitude.

Lake Loop gate to top clockwise

Distance Avg Grade Lowest Elev Highest Elev Elev Difference
20.06mi 0% 5,066ft 5,220ft 154ft

Cat	Rank	Name	Date	Speed	HR	Power	Time
A	1	Shane Trotter	1-Aug-20	29.0mi/h	145bpm	326W	41:29
C	2	Brandon Whitmer	28-Jul-20	22.5mi/h	-	222W	53:31
B	3	Rob Schofield	1-Aug-20	22.2mi/h	-	223W	54:18
D	4	Louise Hose	28-Jul-20	21.9mi/h	140bpm	166W	54:56
C	5	Ron Sandoval	2-Aug-20	21.8mi/h	180bpm	215W	55:14
B	6	Robert Gagen	29-Jul-20	20.9mi/h	144bpm	-	57:40
C	7	David Machen	2-Aug-20	19.3mi/h	-	169W	1:02:29